

A geometrical insight into the self-force for modelling Extreme Mass-Ratio Inspirals

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LUTH (long-term visitor)

Outline

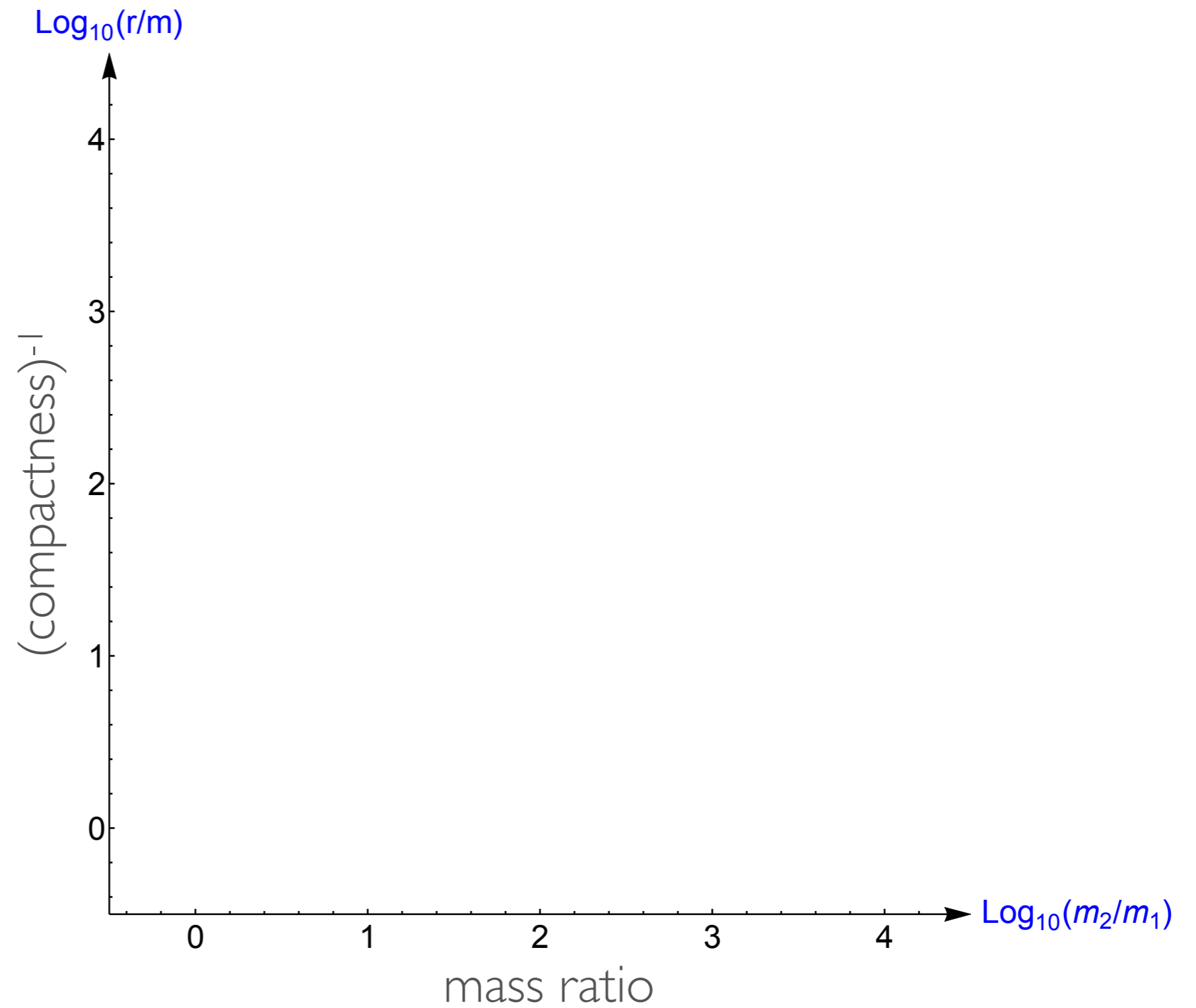
1. EMRIs and self-force
2. Wave propagation and self-force
3. Conclusions

1. EMRIs and self-force

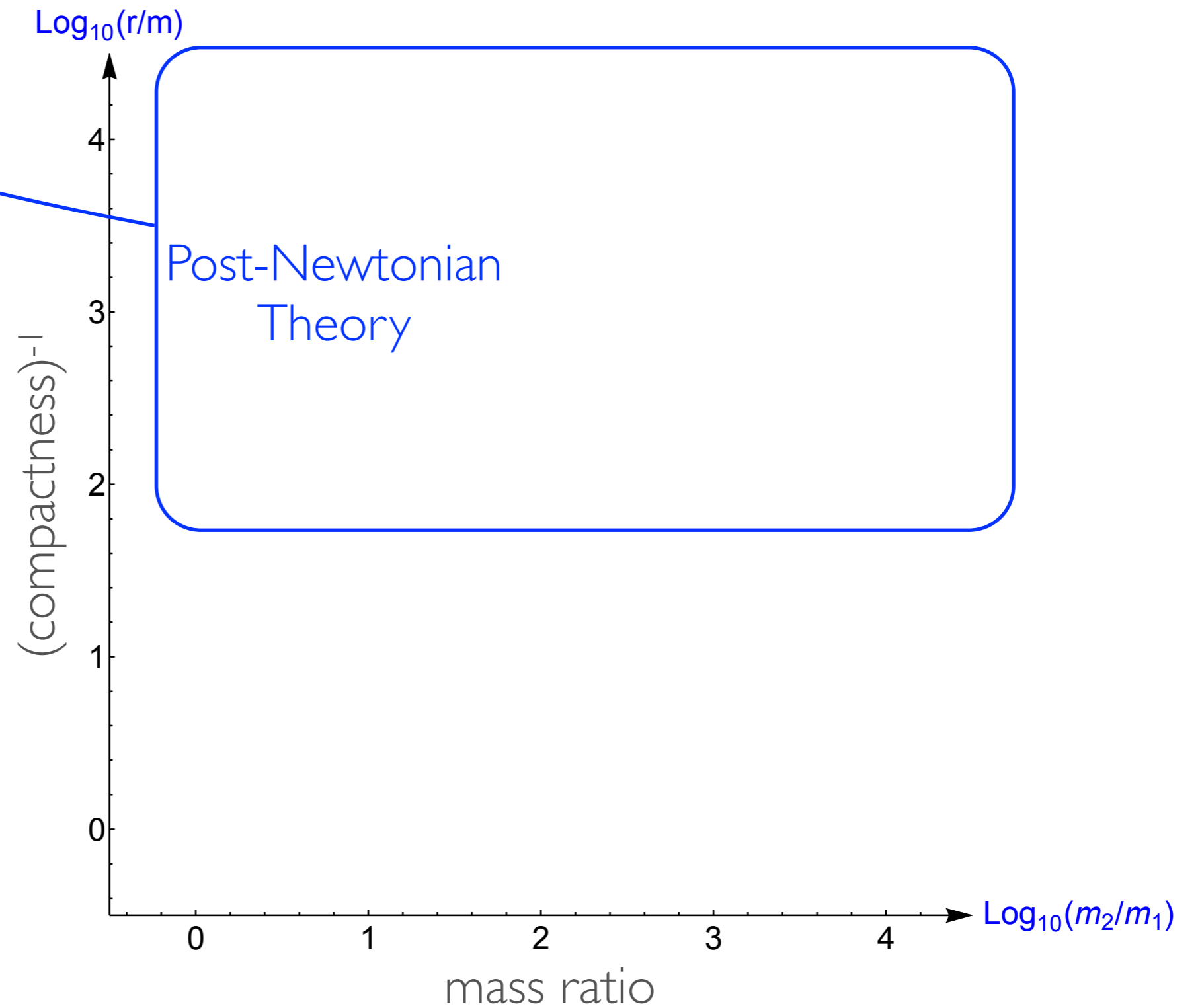
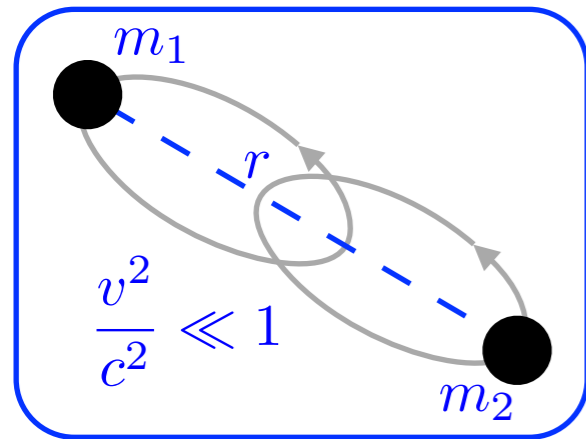
2. Wave propagation and self-force

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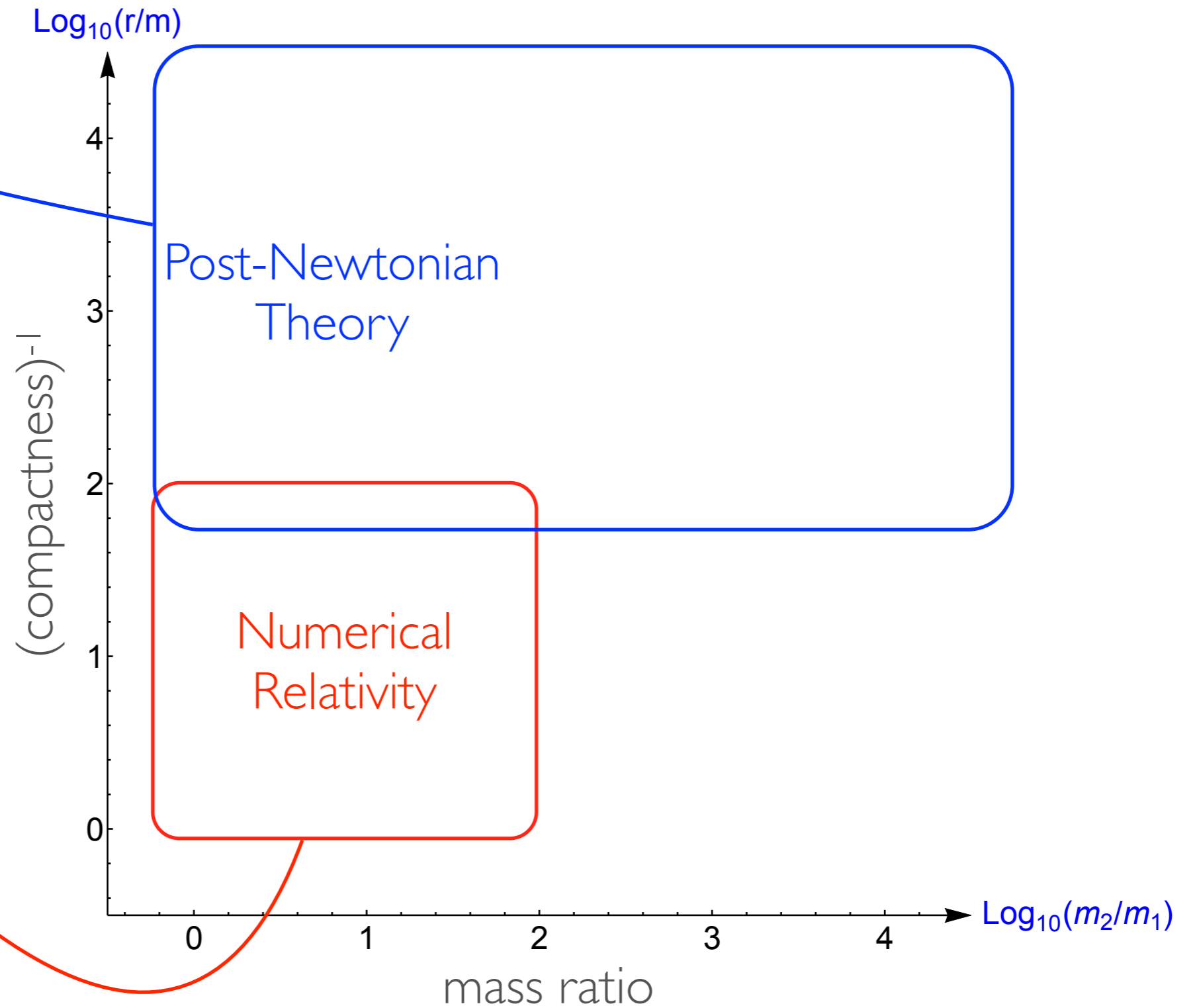
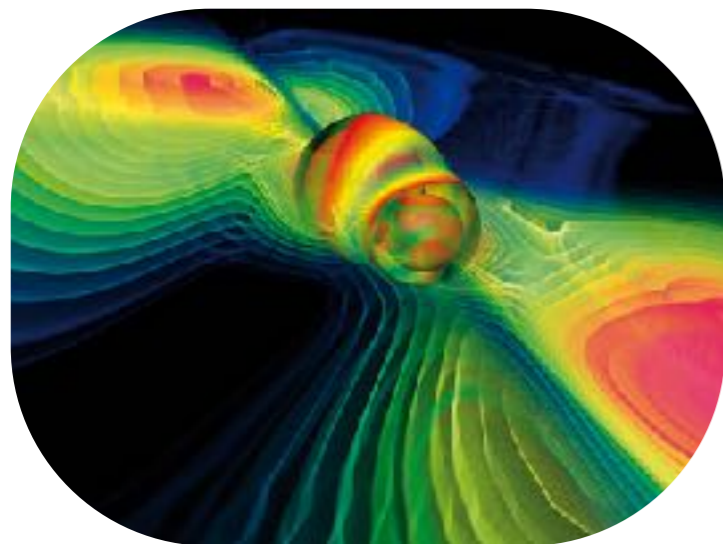
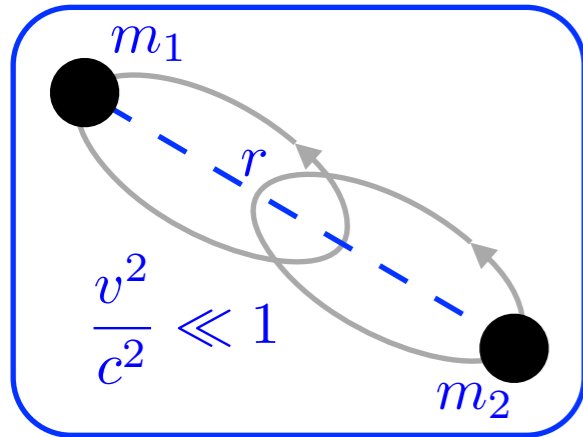
Methods for solving Einstein eqs. for binary inspirals:



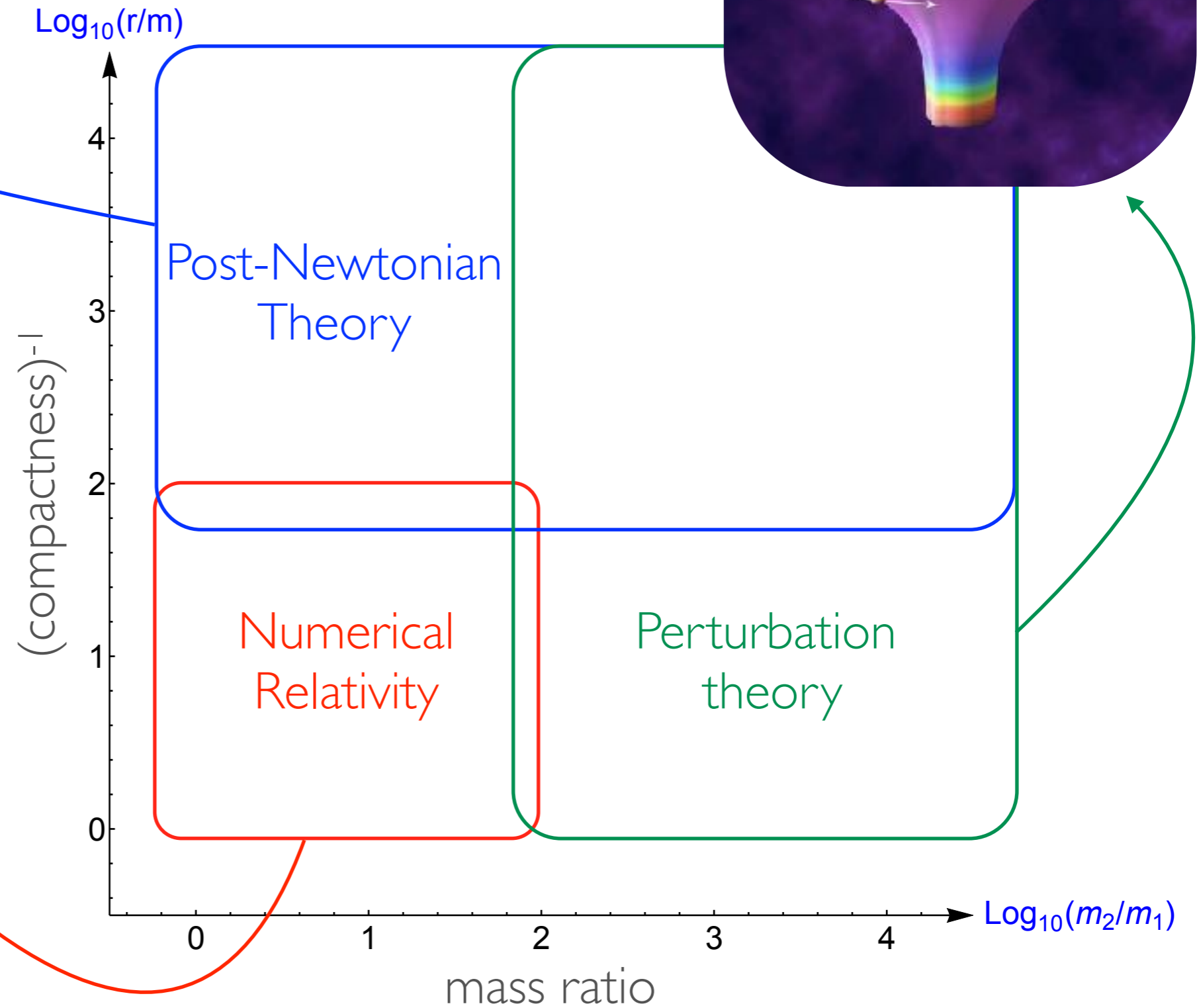
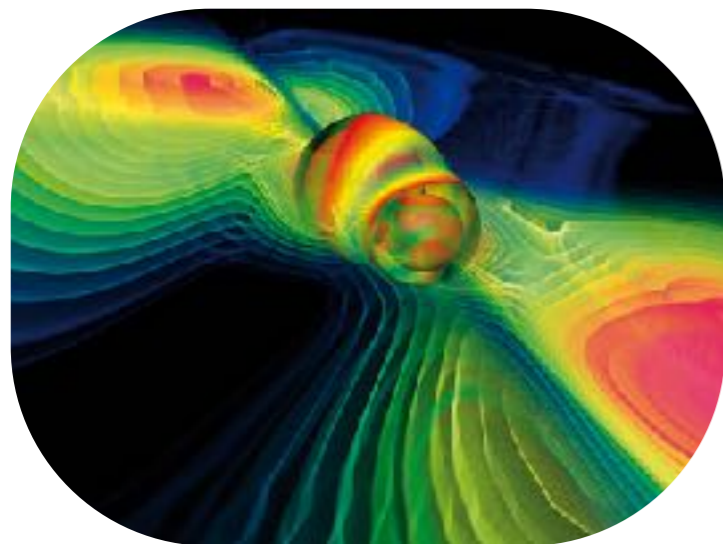
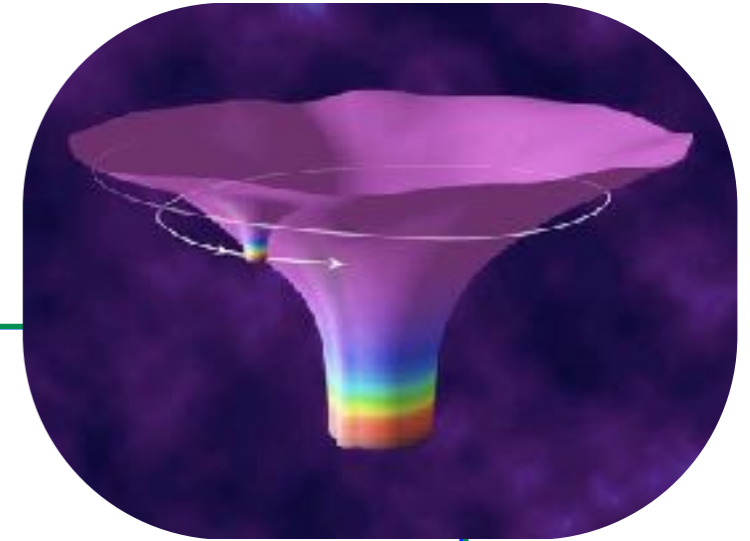
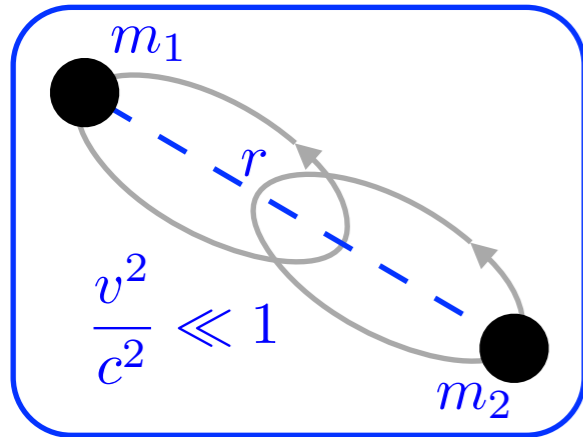
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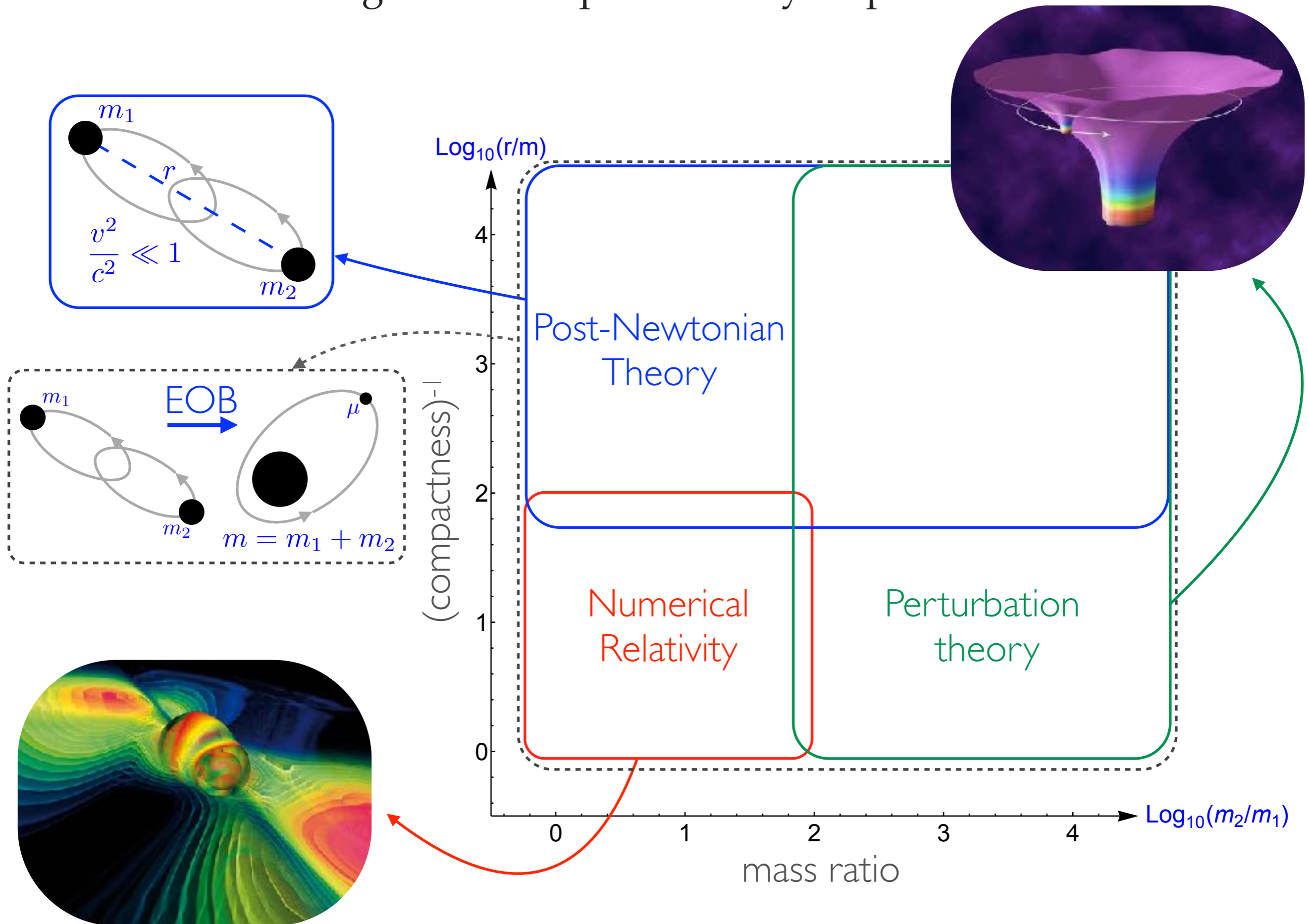
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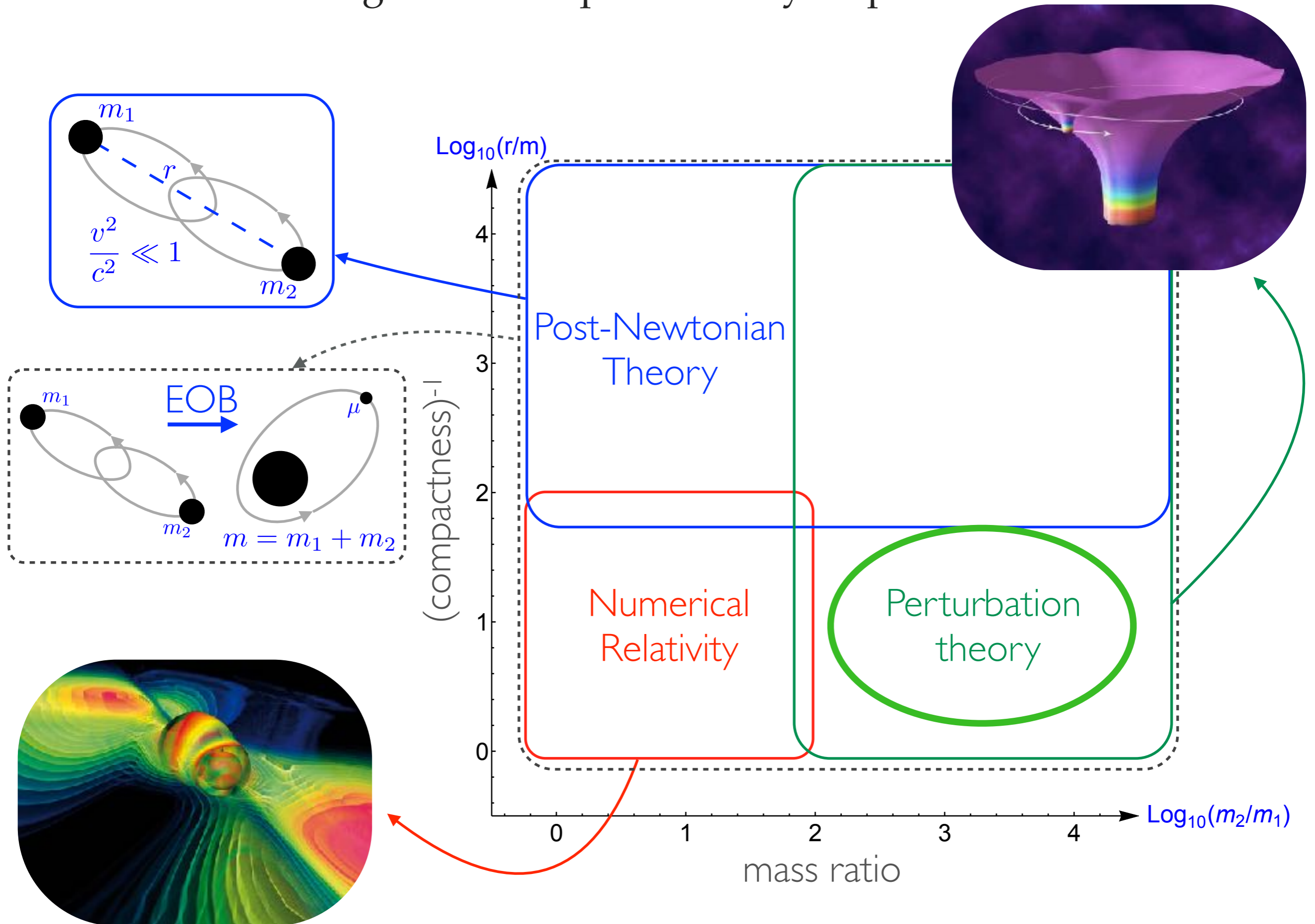
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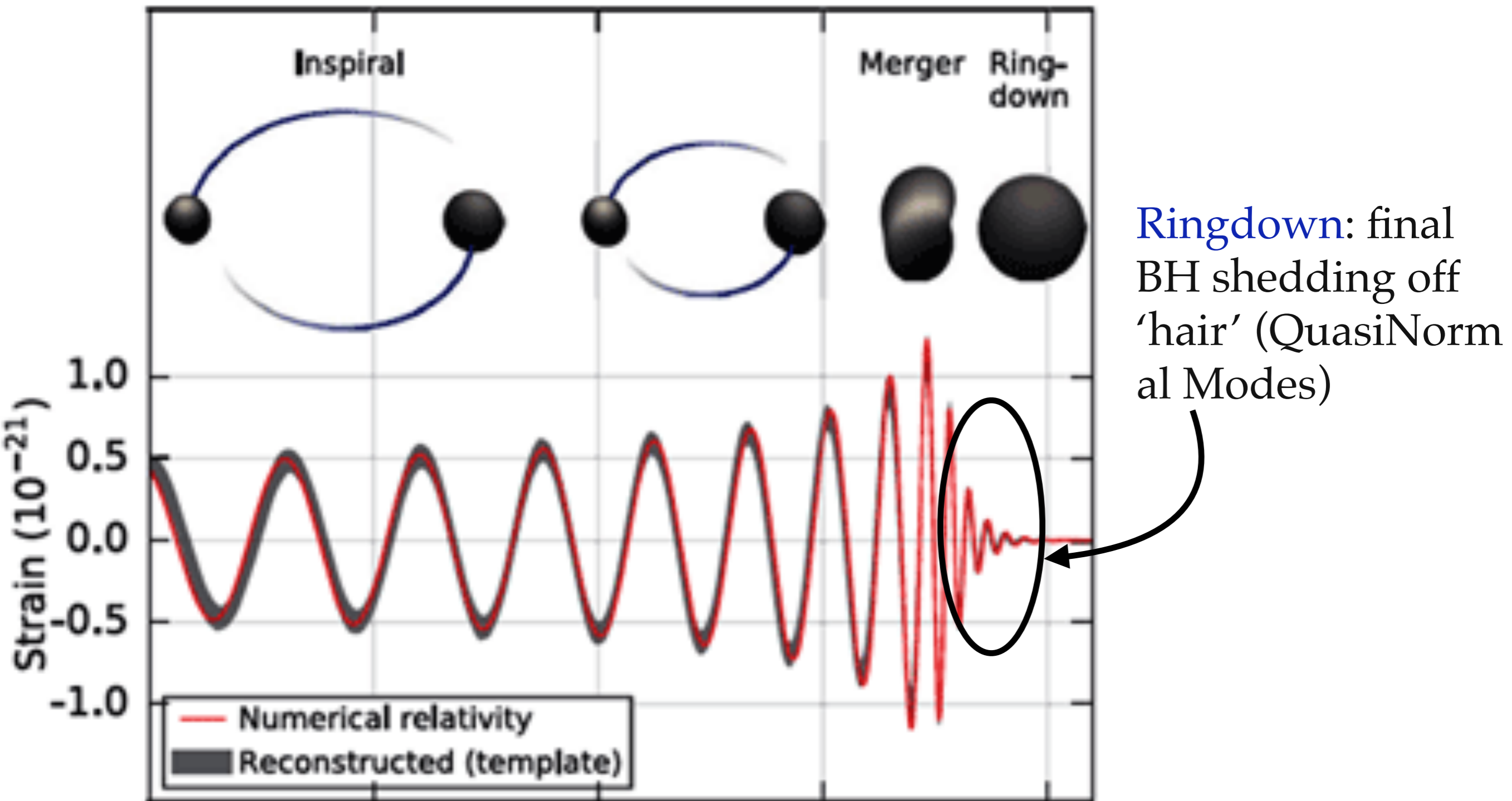


Methods for solving Einstein eqs. for binary inspirals:



Ringdown

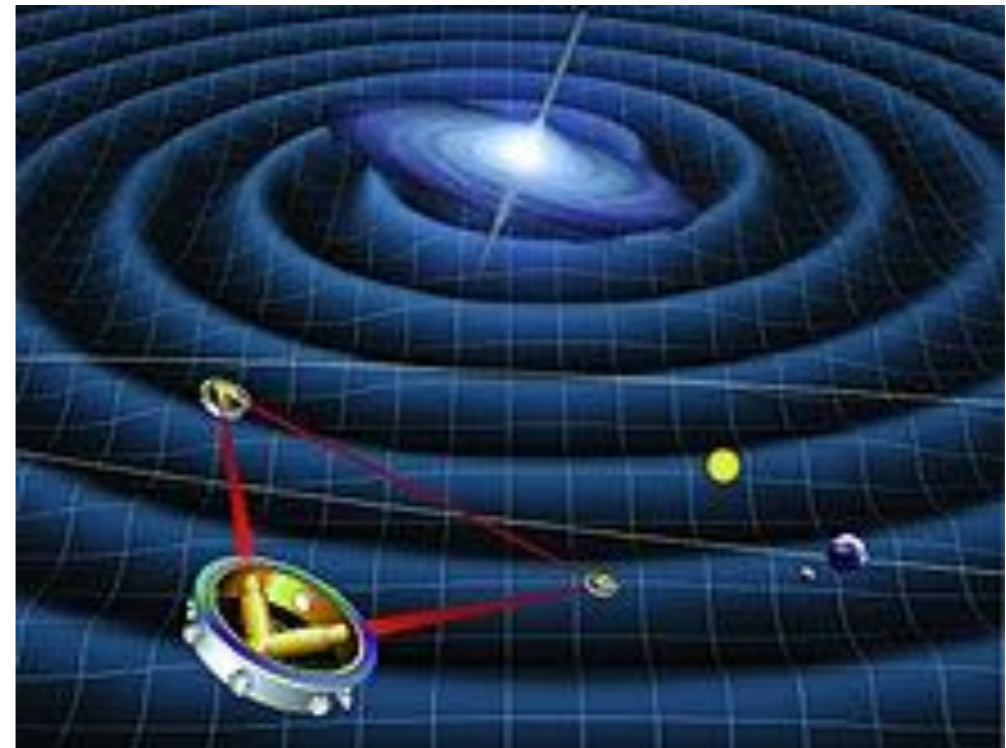
Perturbation theory also serves to model the late (**ringdown**) stage of a Gravitational Waveform for any mass ratio:



Credit: LIGO & Virgo

Extreme Mass Ratio Inspirals

- Extreme Mass-Ratio Inspirals (EMRIs) $\frac{M}{m} \sim 10^4 - 10^8$
are expected to be one of the main sources of GWs for LISA



LISA is expected to see 10-1000 EMRIs / yr (Gair et al'04)

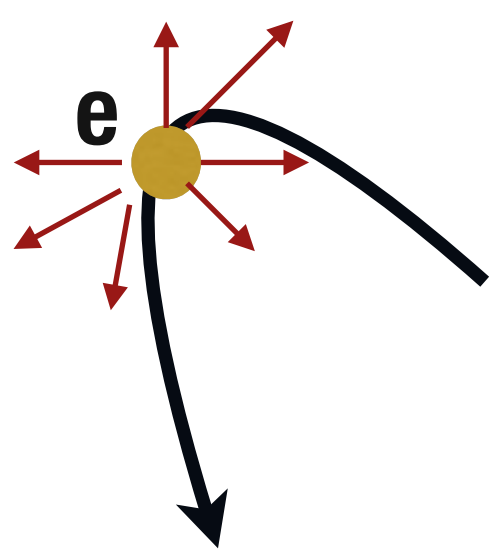
- Numerical Relativity cannot model EMRIs but [Perturbation th. / self-force](#) can

Abraham-Lorenz Dirac Self-force

EMRIs can be modeled with the gravitational equivalent of the **Abraham-Lorenz-Dirac** (1938) force on an accelerated *electric charge* in *flat* space-time:

$$ma^\mu = f_{ext}^\mu + \underbrace{\frac{2e^2}{3m} P^\mu{}_\nu \frac{df_{ext}^\nu}{d\tau}}_{\text{emag SF in flat s-t}}$$

perpendicular projector to velocity

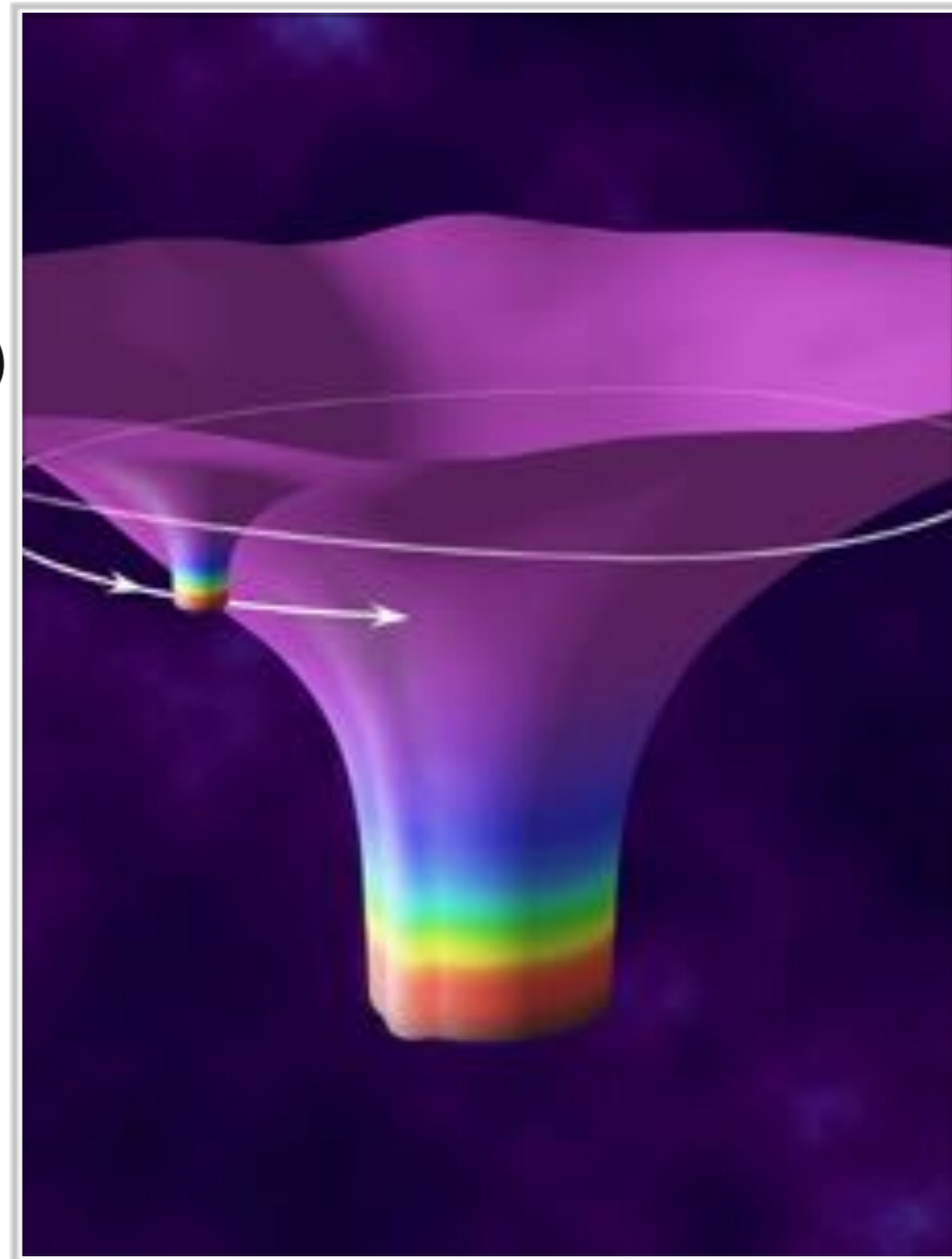


The diagram shows a yellow circle representing an electric charge 'e' moving along a curved black path. Red arrows radiate outwards from the charge, representing electromagnetic radiation. A black arrow points downwards from the charge, representing its velocity vector.

It's all **local**: all quantities are evaluated at the *current* time

Self-force for EMRIs

EMRI: inspiral of small mass ($\sim 10M_{\odot}$)
around supermassive BH ($\sim 10^5 - 10^9 M_{\odot}$)

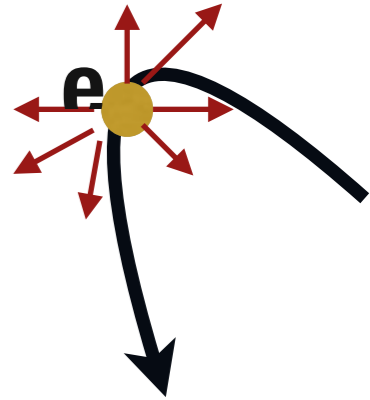


Credit: NASA

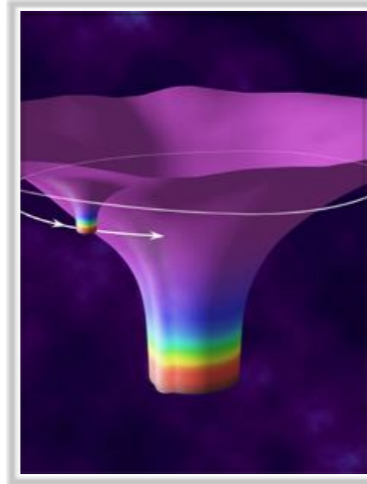
Small mass deviates from geodesic of the
space-time of the supermassive BH due
to the action of its own (regularized)
field: **gravitational self-force**

(Note: the small mass is modelled as a *point* particle and the field
evaluated at that point diverges \rightarrow regularization is needed)

Differences between the SF in the Abraham-Lorenz-Dirac case



and the SF in the EMRI case

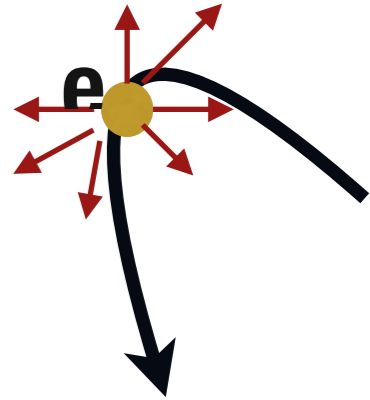


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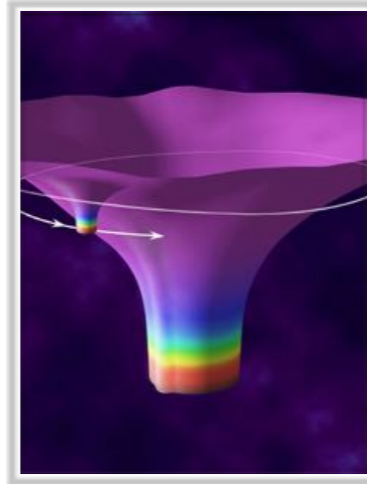
(1) in the A-L-D case, the SF is due to **emag field**, in the EMRI case it's due to **grav field**

(2) in the A-L-D case, the SF is on particle moving on **flat s-t**, in the EMRI case it's on **curved s-t**

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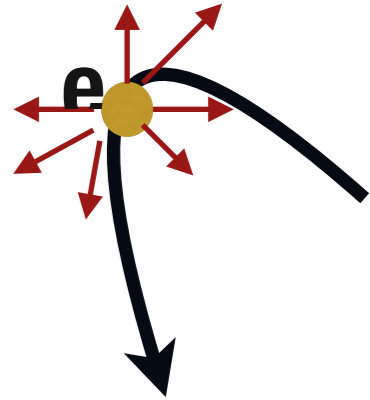
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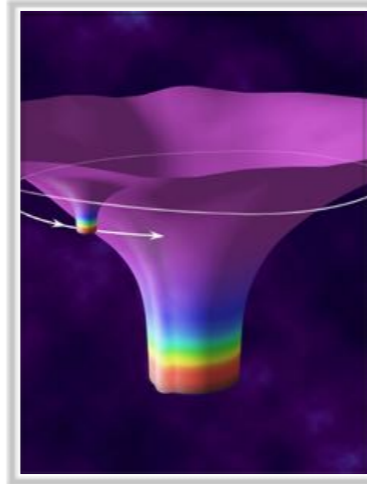
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In this talk, we will focus on difference (2)

Differences between the SF in the Abraham-Lorenz-Dirac case



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In this talk, we will focus on difference (2)

How to calculate the scalar / emag / grav SF on a point scalar charge / electrical charge / mass moving on a *curved s-t*?

Linearized Einstein Eqs.

Smaller BH (m) moving on the background metric $g_{\alpha\beta}$ of massive BH (M) causes perturbation metric $h_{\alpha\beta}$

Linearize Einstein eqs.:

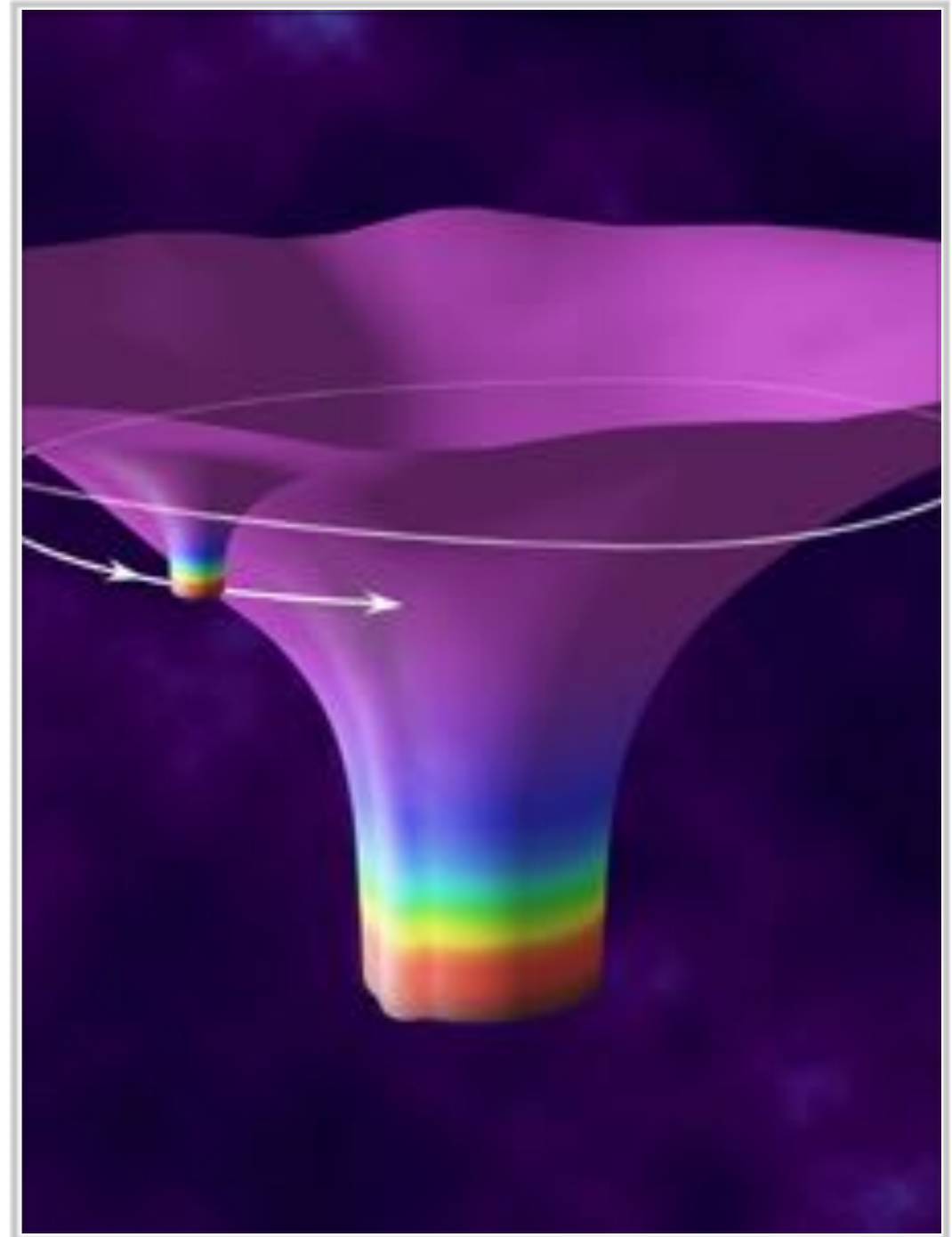
due to M



$$\text{Total metric} = g_{\mu\nu} + h_{\mu\nu} + O\left(\frac{m}{M}\right)^2$$



perturbation due to m



Credit: NASA

Background BH spacetime

Background metric $g_{\alpha\beta}$ should in principle be that of a *rotating* (Kerr) BH

Some times, for simplicity, the metric of a *non-rotating* (Schwarzschild) BH is used instead

Wave equation for the perturbation

The linear gravitational perturbation satisfies a **wave eq.**:

$$“\square h_{\mu\nu}” = T_{\mu\nu}$$



stress-energy tensor of the small BH

$$\square \equiv g_{\mu\nu} \nabla^\mu \nabla^\nu$$



background metric due to large BH

Other linear field perturbations of a BH satisfy a similar wave eq.

Eg, scalar case:

$$\square \phi(x) = T(x)$$

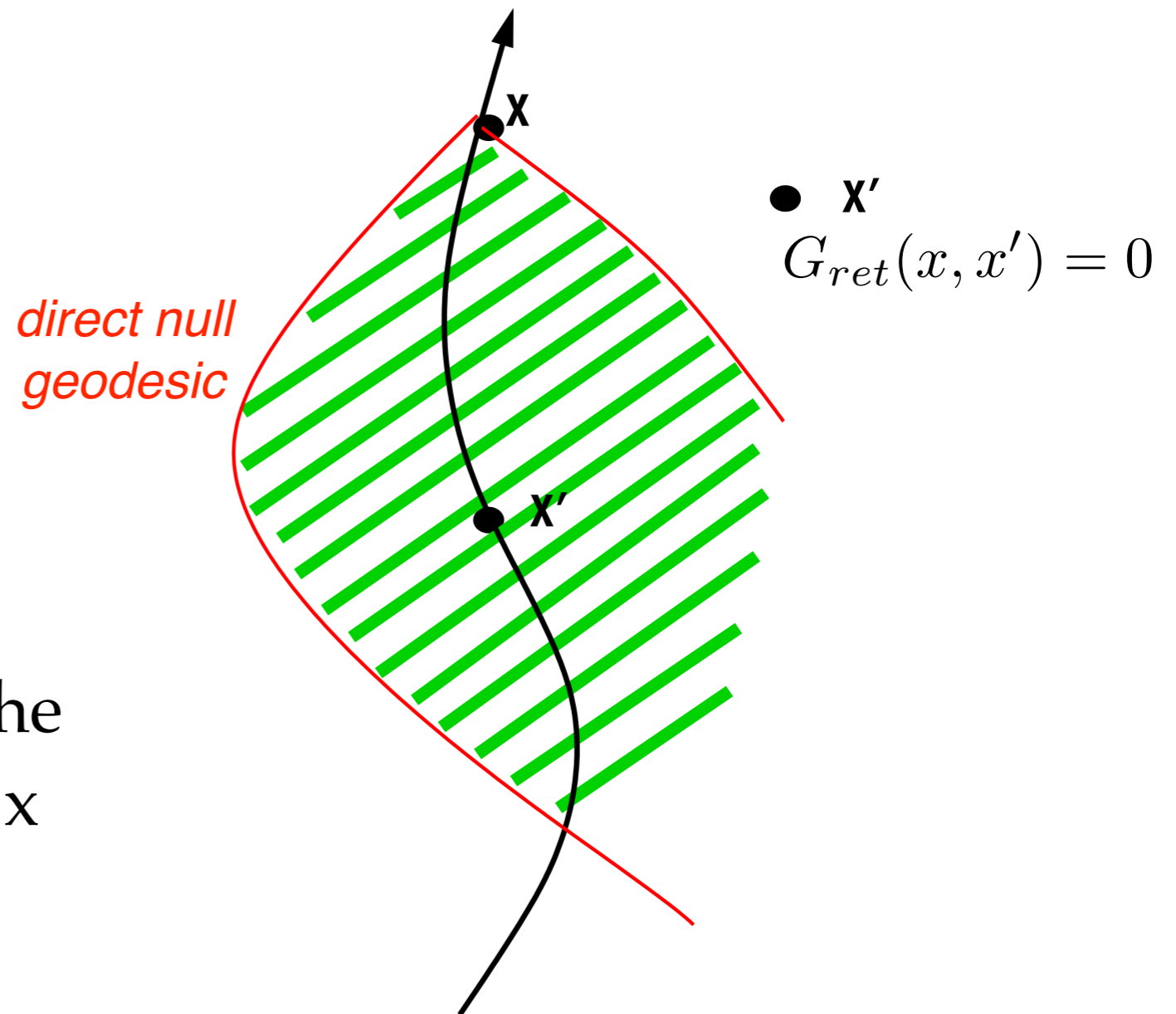
Retarded Green Function

A crucial object is the retarded Green function

$$\square G_{ret}(x, x') = \delta_4(x, x')$$

with causal b.c.:

$$G_{ret}(x, x') = 0 \quad \text{if } x' \text{ is not in the causal past of } x$$



The GF is the value of the field at x resulting from an 'impulse' at x'

MiSaTaQuWa eq.: SF can be calculated by integrating the GF over the past worldline $z(\tau)$ of the particle

In the case a scalar charge q , the *non-local* part of the SF is:

$$f^\alpha(\tau) = q^2 \nabla^\alpha \int_{-\infty}^{\tau^-} G_{ret}(z(\tau), z(\tau')) d\tau'$$

Remember that the Abraham-Lorentz-Dirac force did not contain a non-local part!

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Where does the contribution to this non-local integral come from?

1. EMRIs and self-force

2. Wave propagation and self-force

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Contribution 1: Backscattering of waves

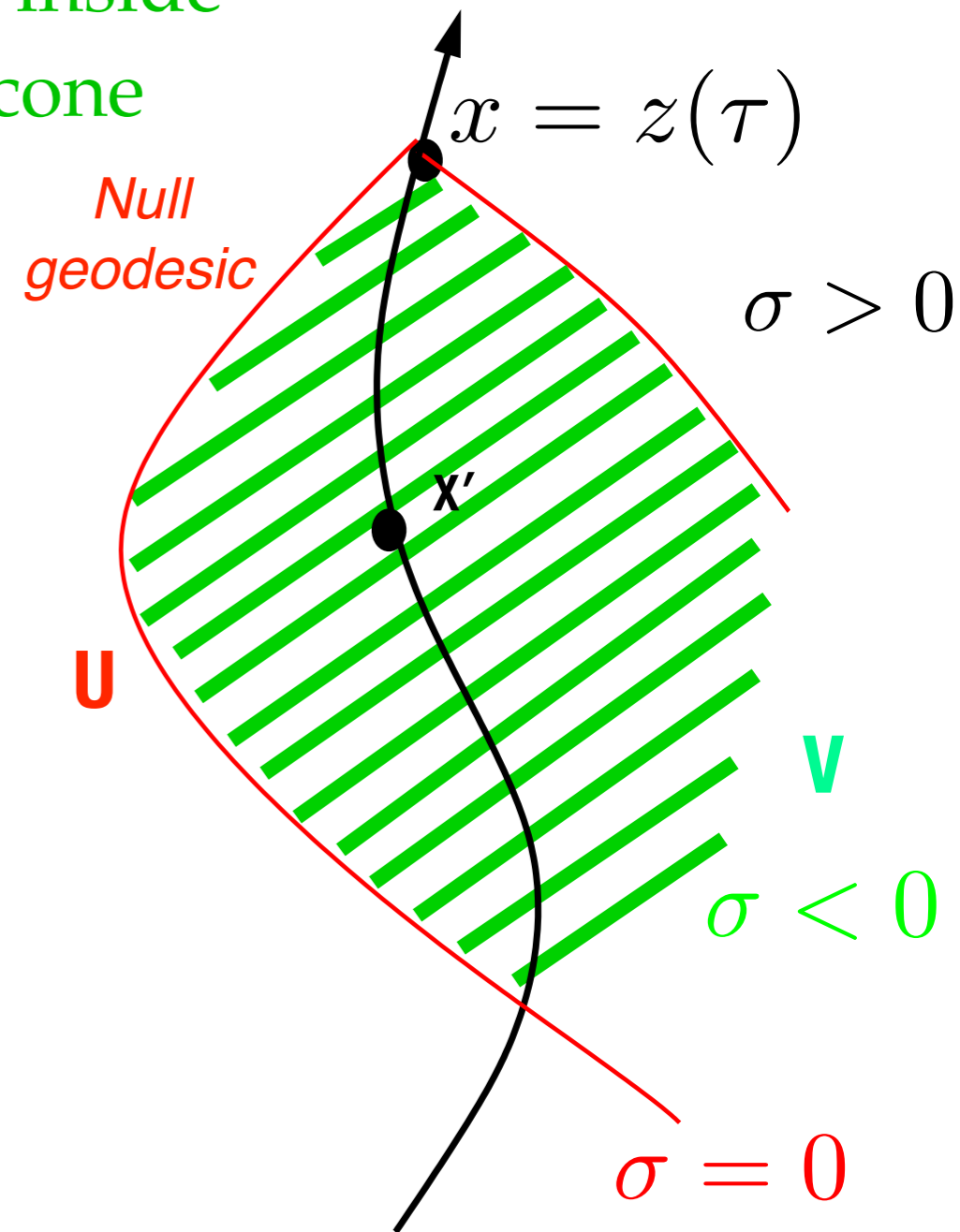
Locally-valid (ie, for points x and x' near) Hadamard form for the Green function:

$$G_{ret}(x, x') = \underbrace{\theta(\Delta t)}_{\text{support in past of point } x} \left\{ \underbrace{U \delta(\sigma)}_{\text{support on light cone}} - \underbrace{V \theta(-\sigma)}_{\text{support inside light cone}} \right\}$$

support in past of point x support on light cone support inside light cone

U & V : regular

σ : square of geodesic distance between x & x'



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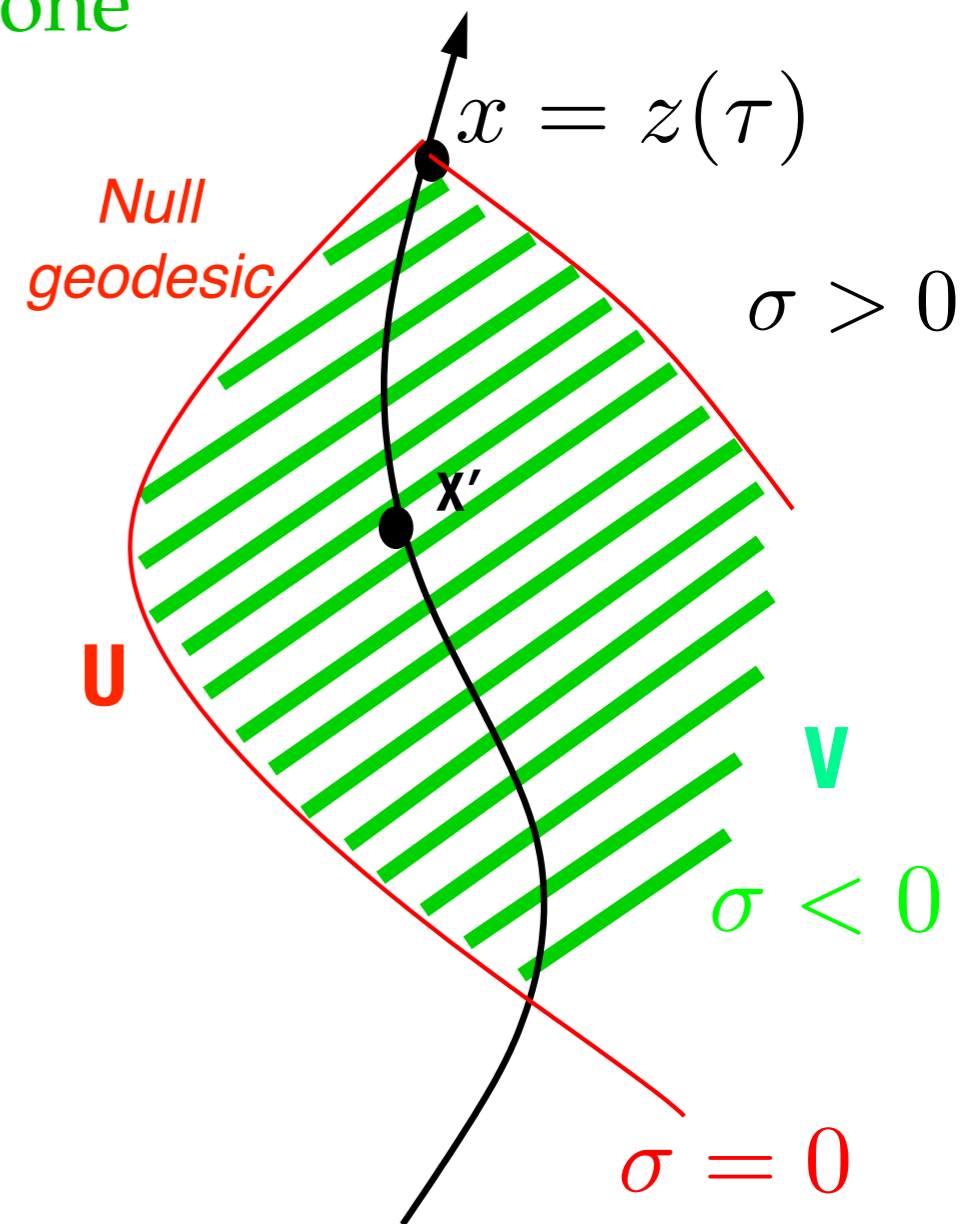
support in past of point x support on light cone support inside light cone

In flat s-t, $V=0$

In curved s-t, generally, $V \neq 0$

and so scalar / emag / grav waves propagate at all speeds $\leq c$!

This is a contribution to the SF from *timelike* paths (“backscattering” of waves; Huygens principle not held)



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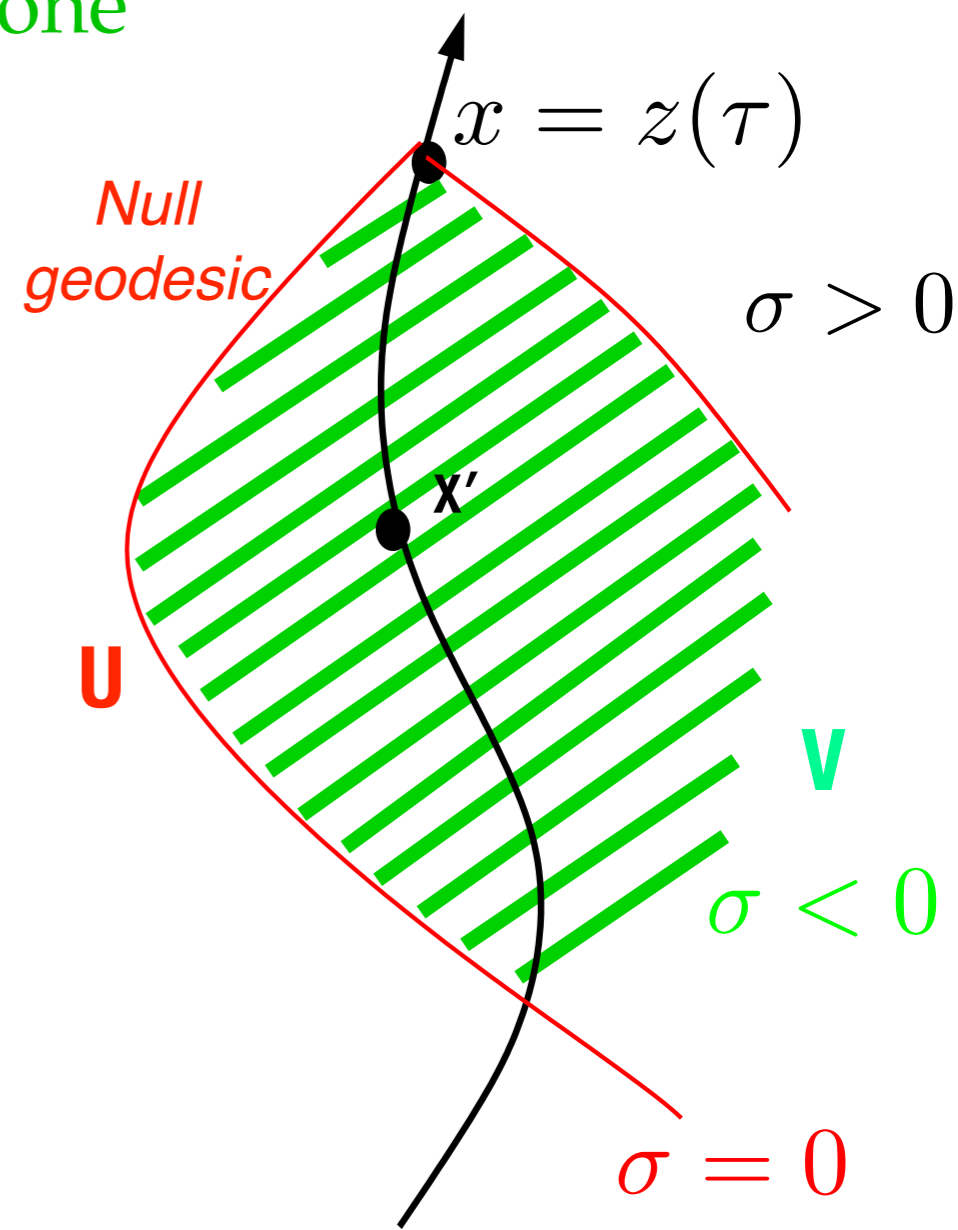
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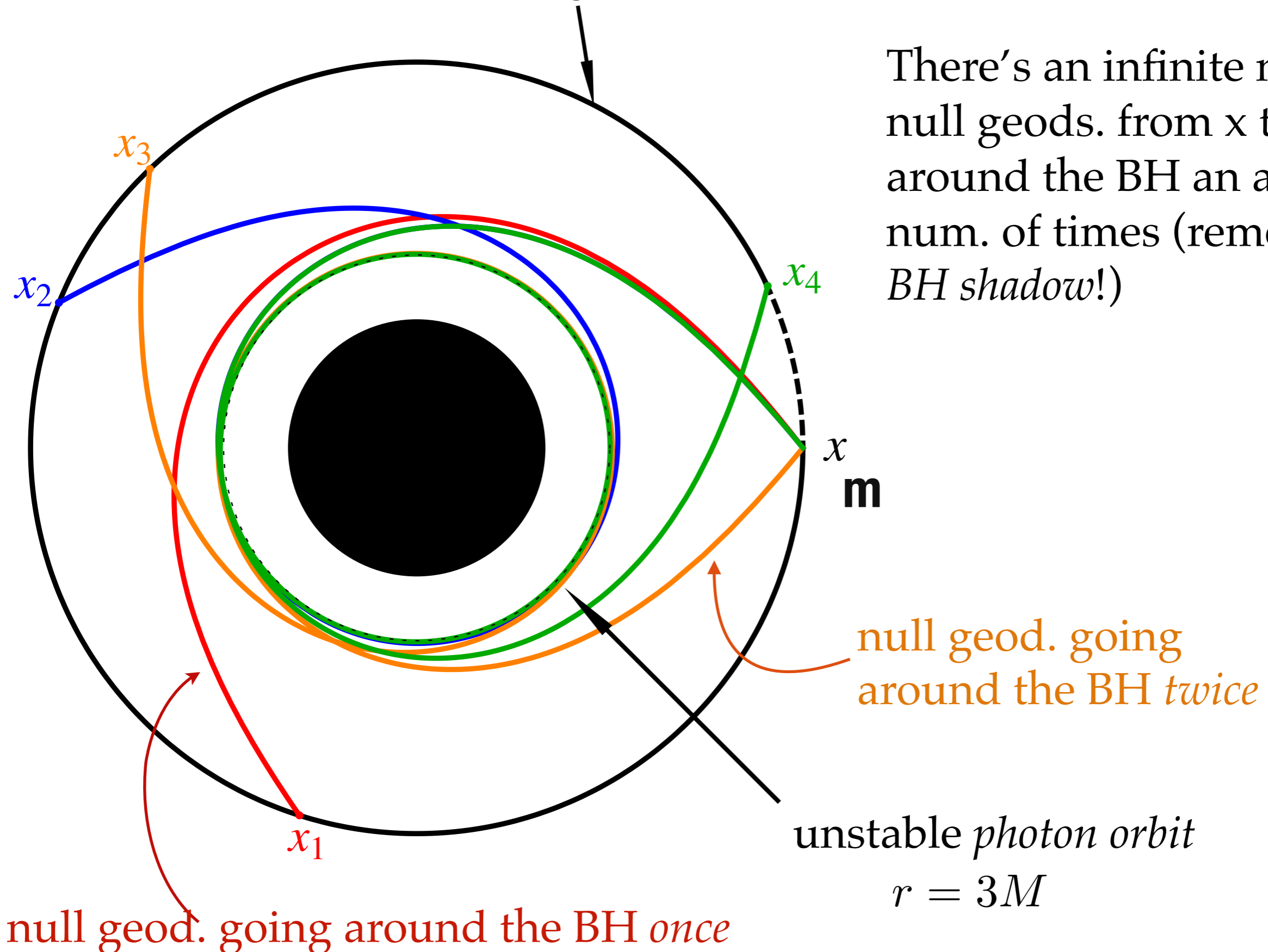
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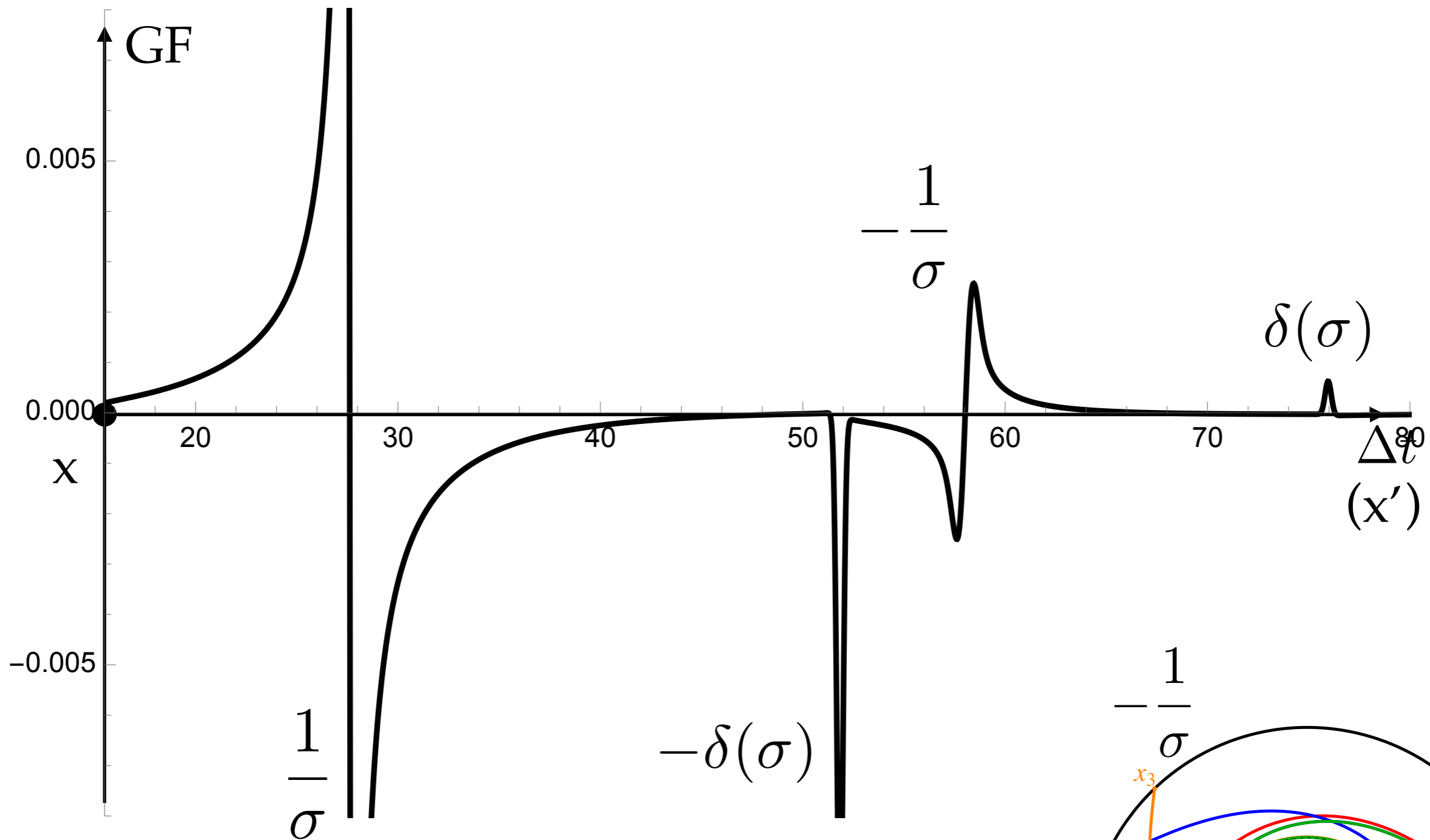
But Hadamard form is only valid for x and x' near - what other contributions are there for points far apart?

Contribution 2: orbiting *null* geodesics

Point mass m on a circular geodesic at $r=6M$ in Schwarzschild

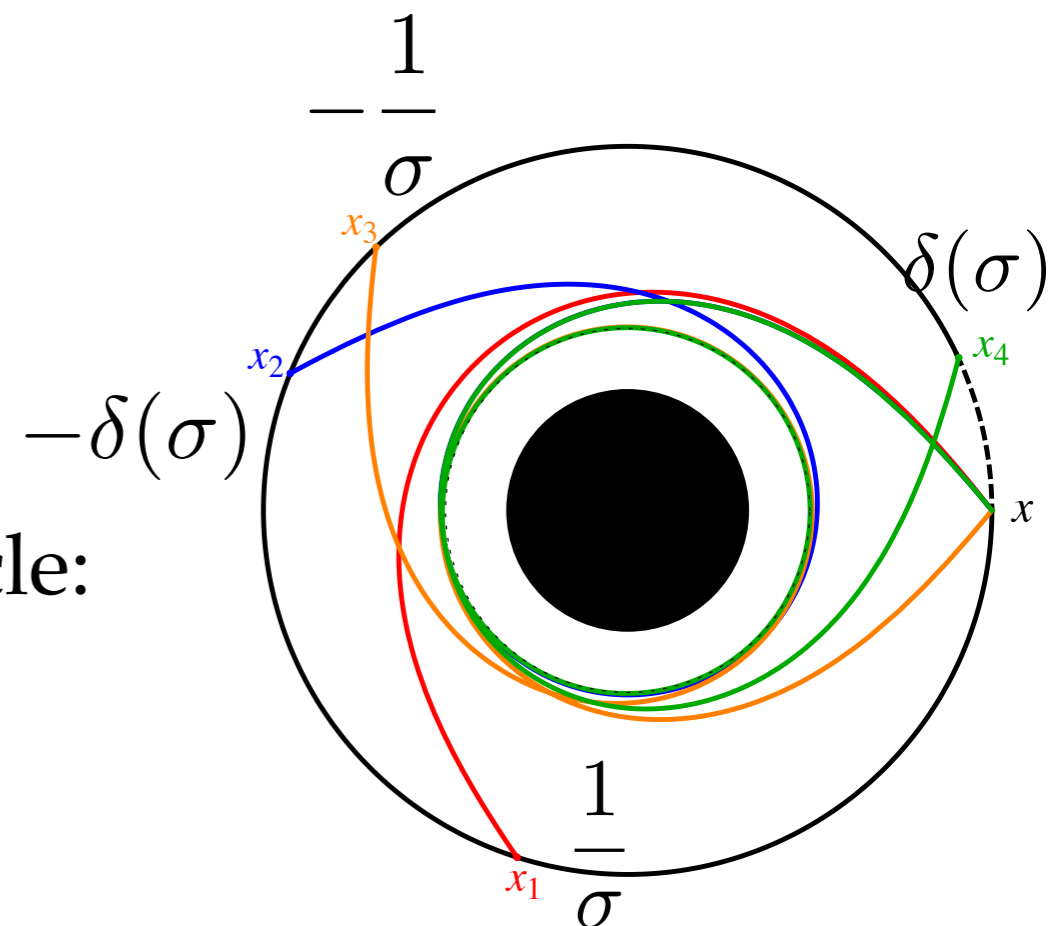


There's an infinite num. of null geods. from x that go around the BH an arbitrary num. of times (remember *BH shadow!*)

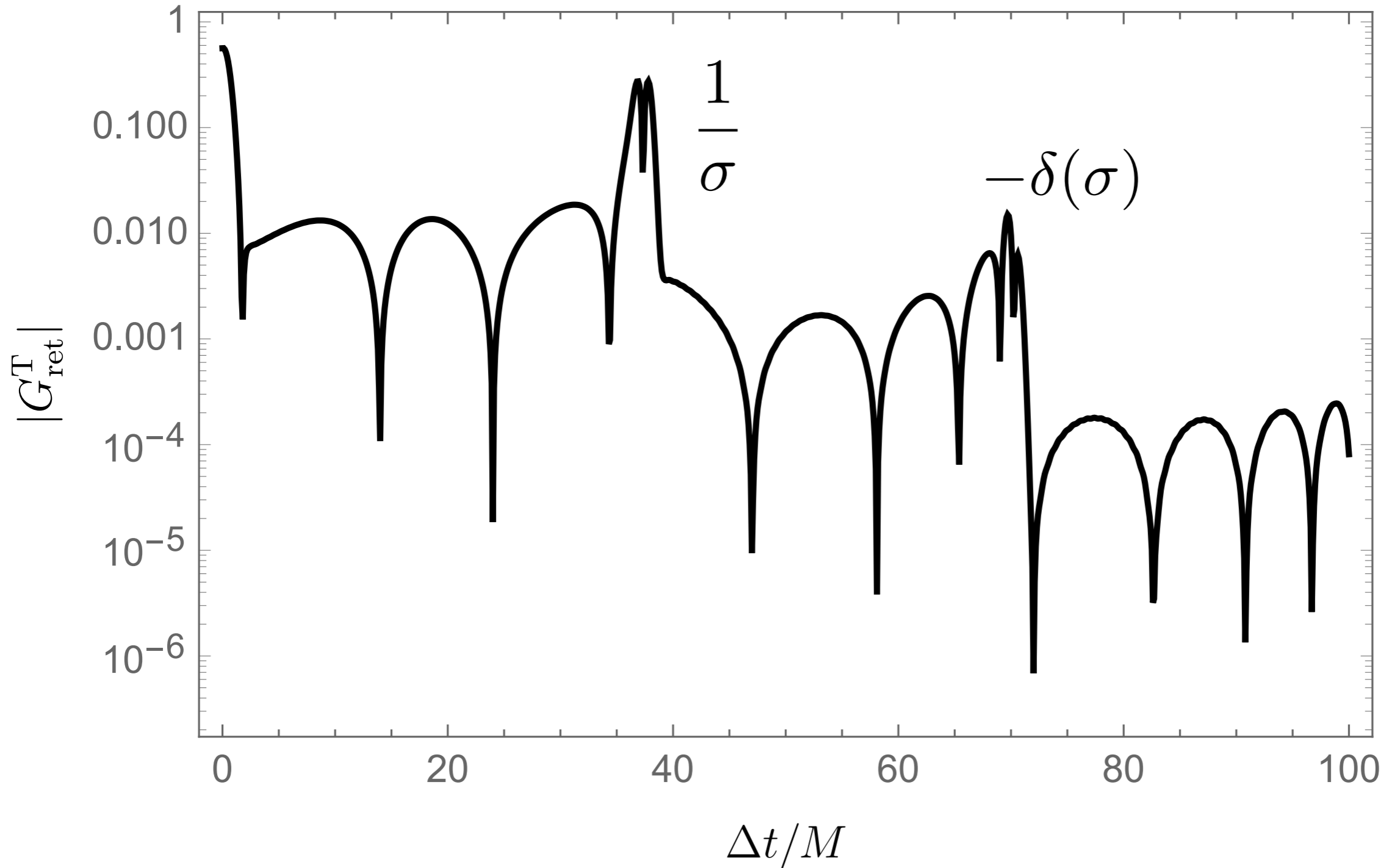


GF **diverges** at light-crossings in 4-fold cycle:

$$G_{ret} \sim \delta(\sigma) \rightarrow \frac{1}{\sigma} \rightarrow -\delta(\sigma) \rightarrow -\frac{1}{\sigma}$$

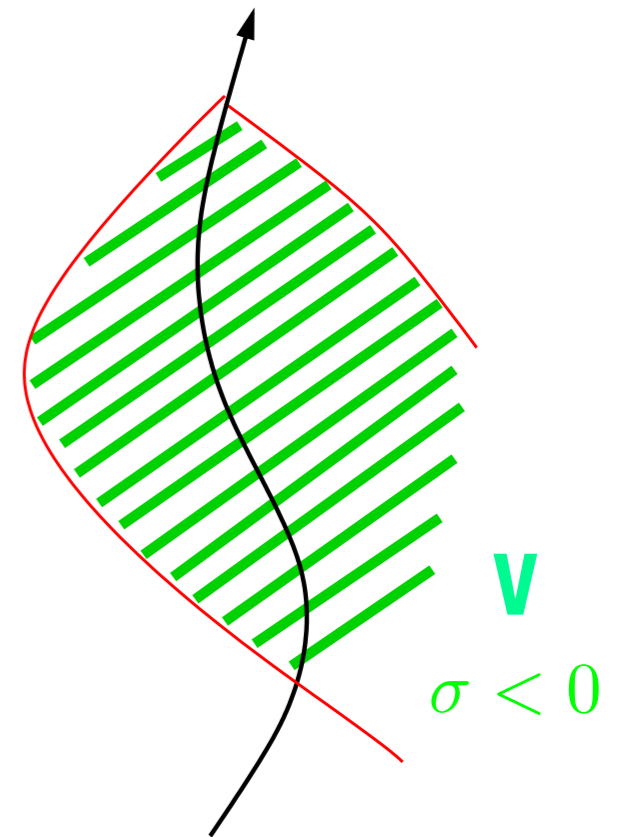


Gravitational (Teukolsky) GF

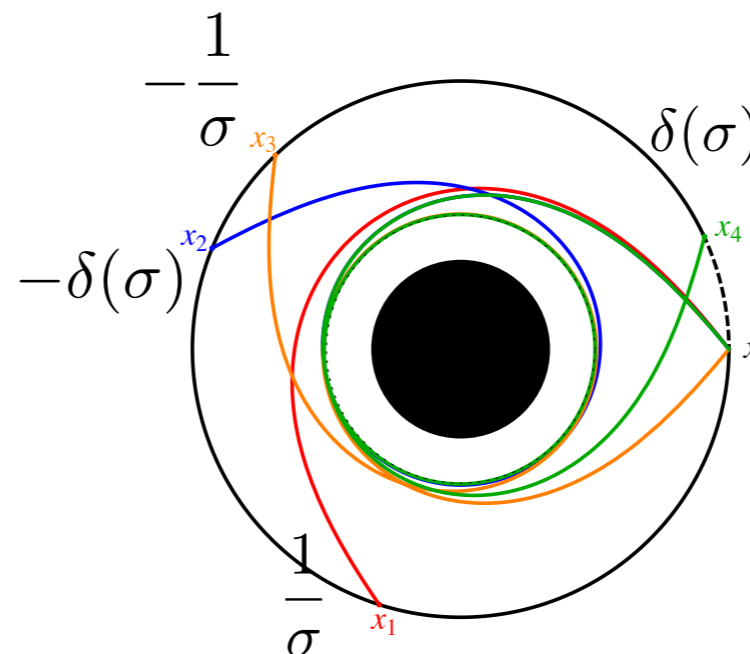


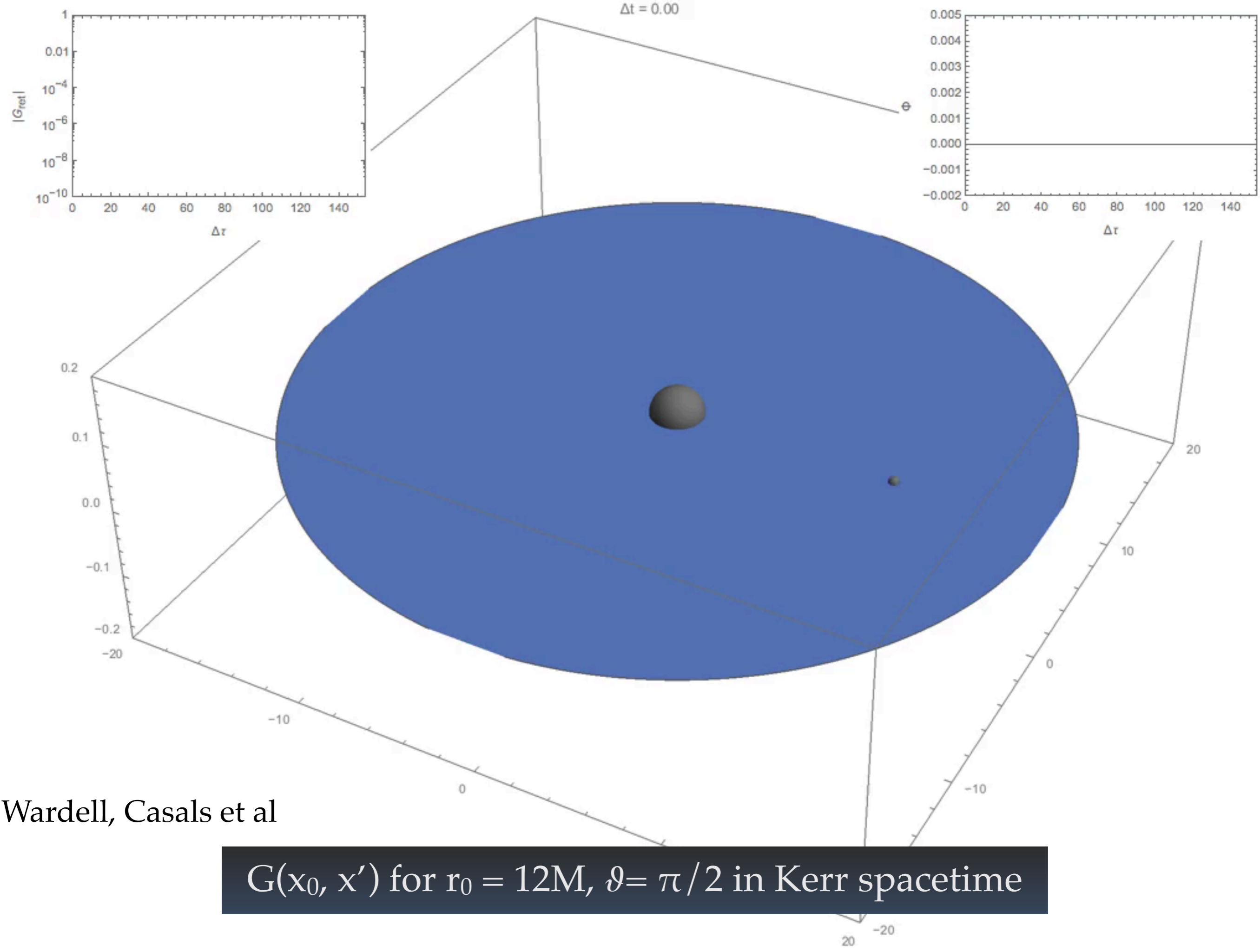
The contribution to the non-local integral in the SF comes from:

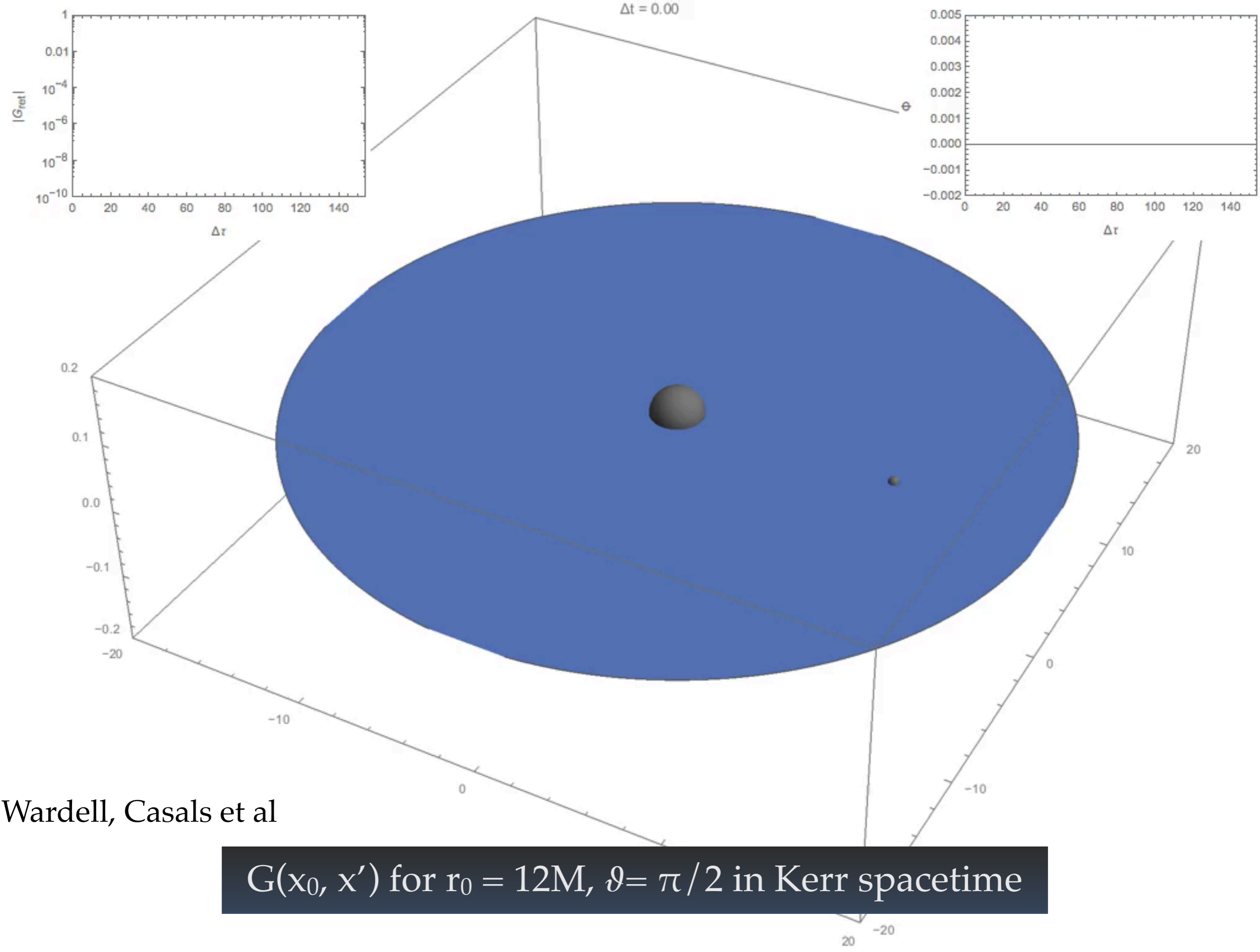
- backscattering of waves (Hadamard $V \neq 0$)
(timelike paths)



- orbiting null geodesics

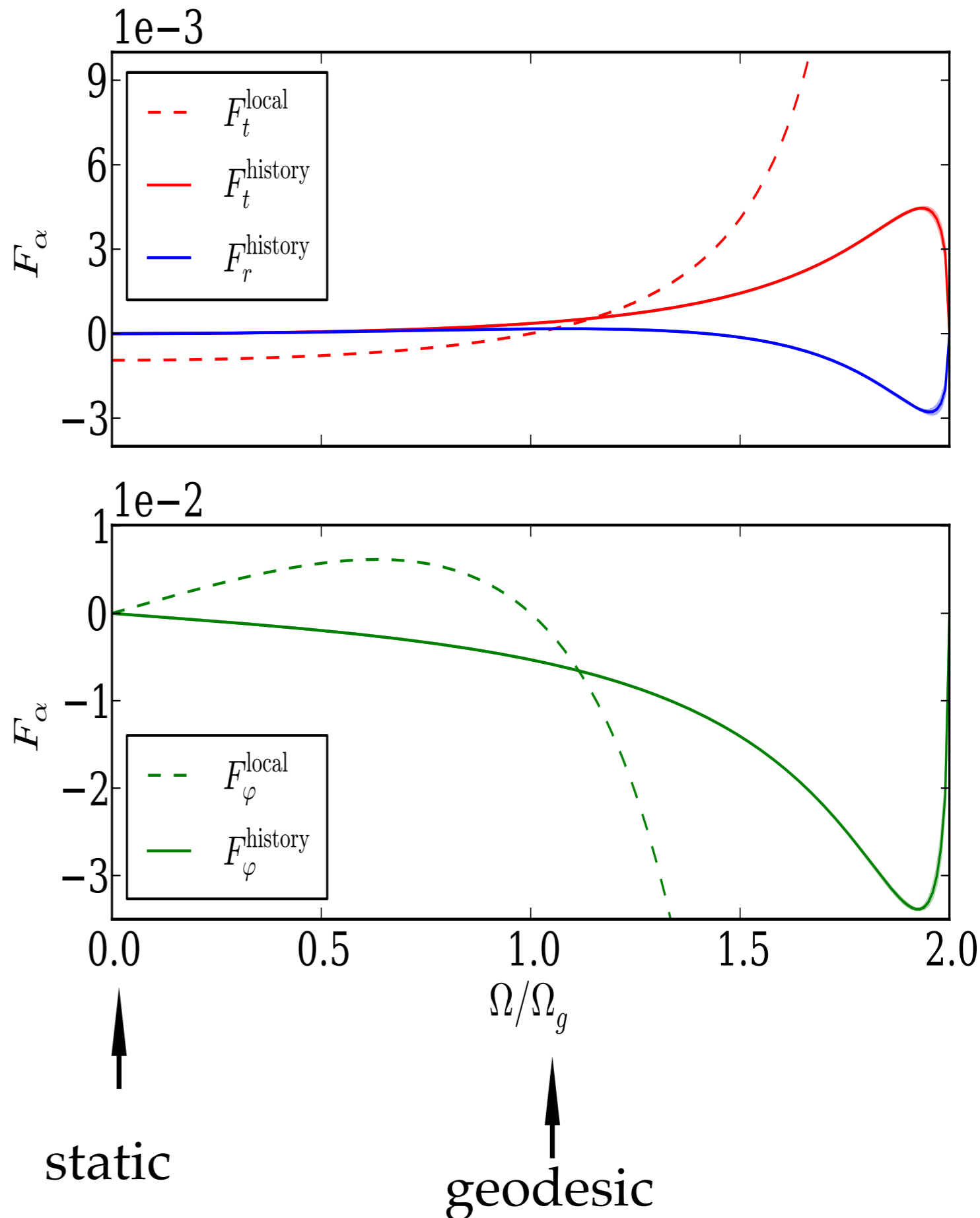




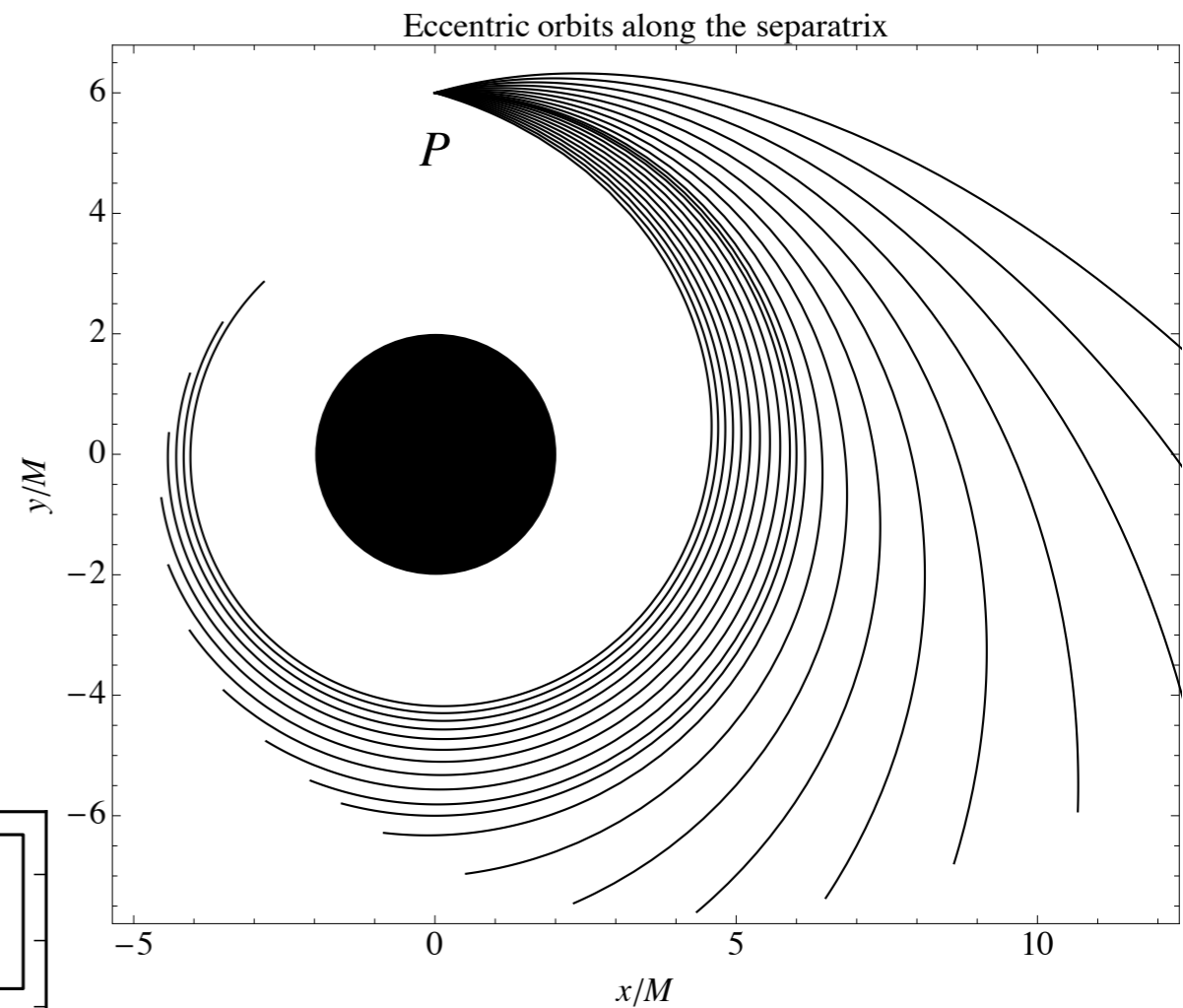
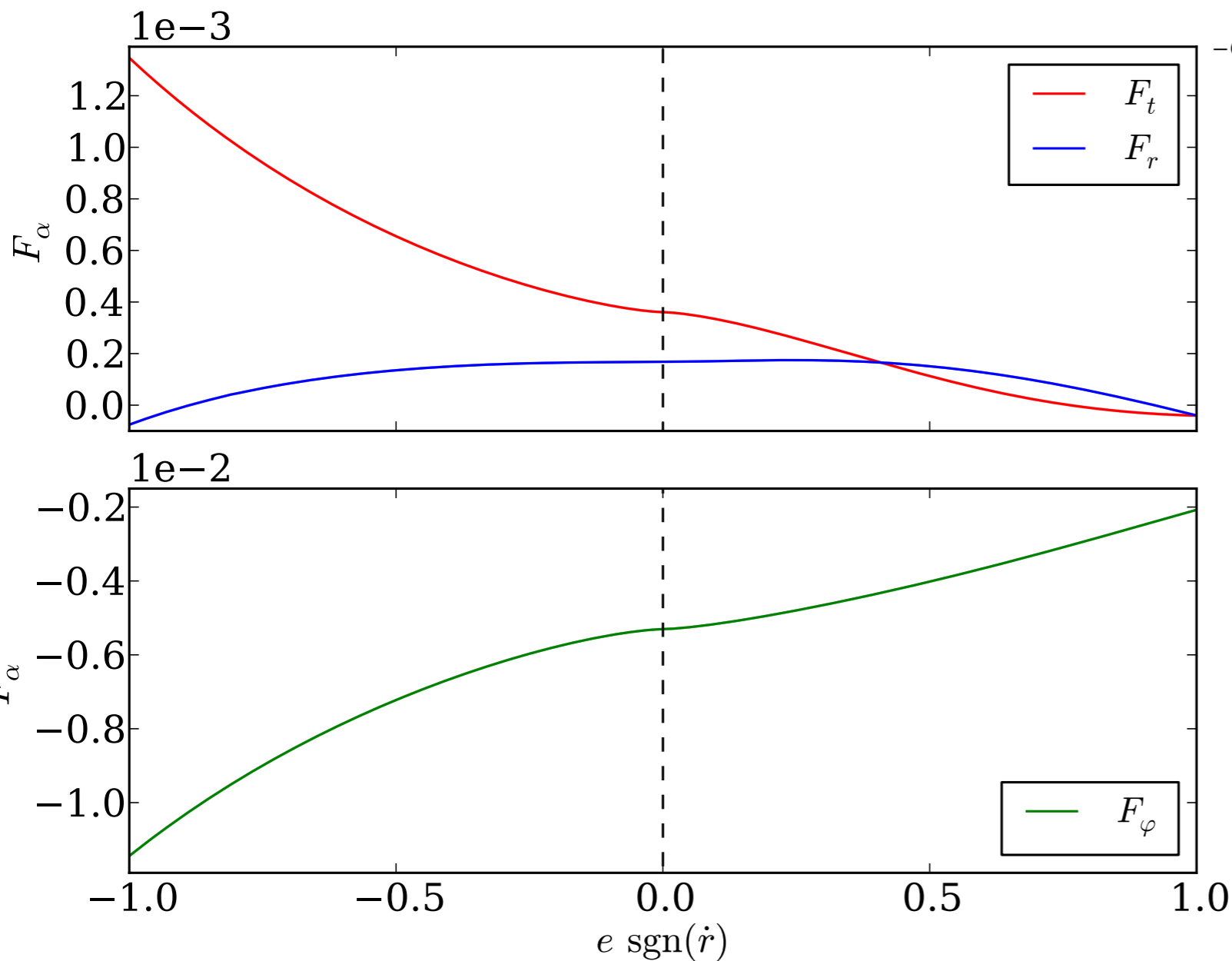


SF results via GF

Scalar SF on a charge in a circular orbit ($r=6M$) around a Schwarzschild BH (Wardell, Galley, Zenginoglu, Casals et al'14)



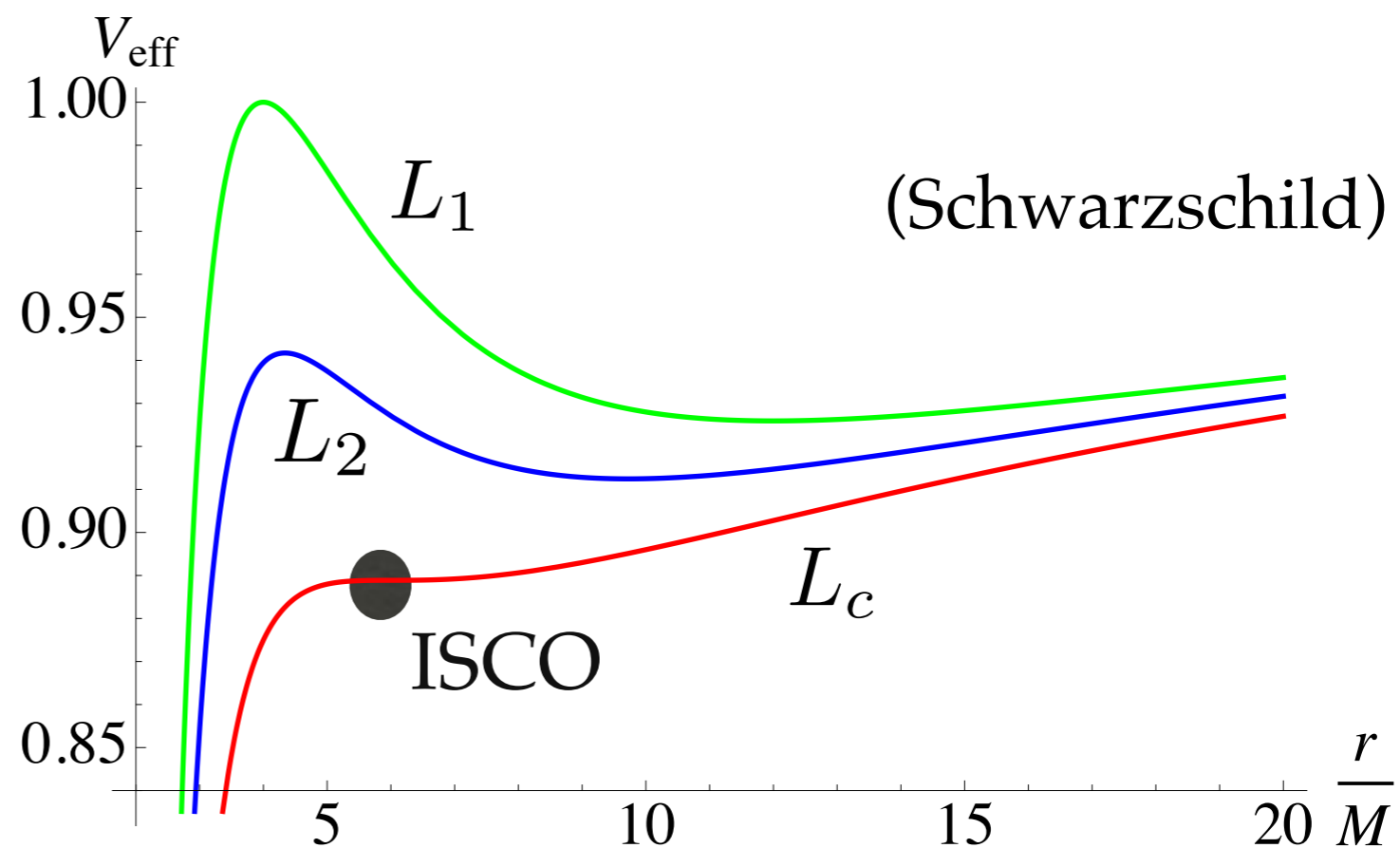
Scalar SF on a charge $r=10M$ (P) on *eccentric* geodesics in Schwarzschild



(Wardell, Galley,
Zenginoglu, Casals et al'14)

Gauge-Invariants

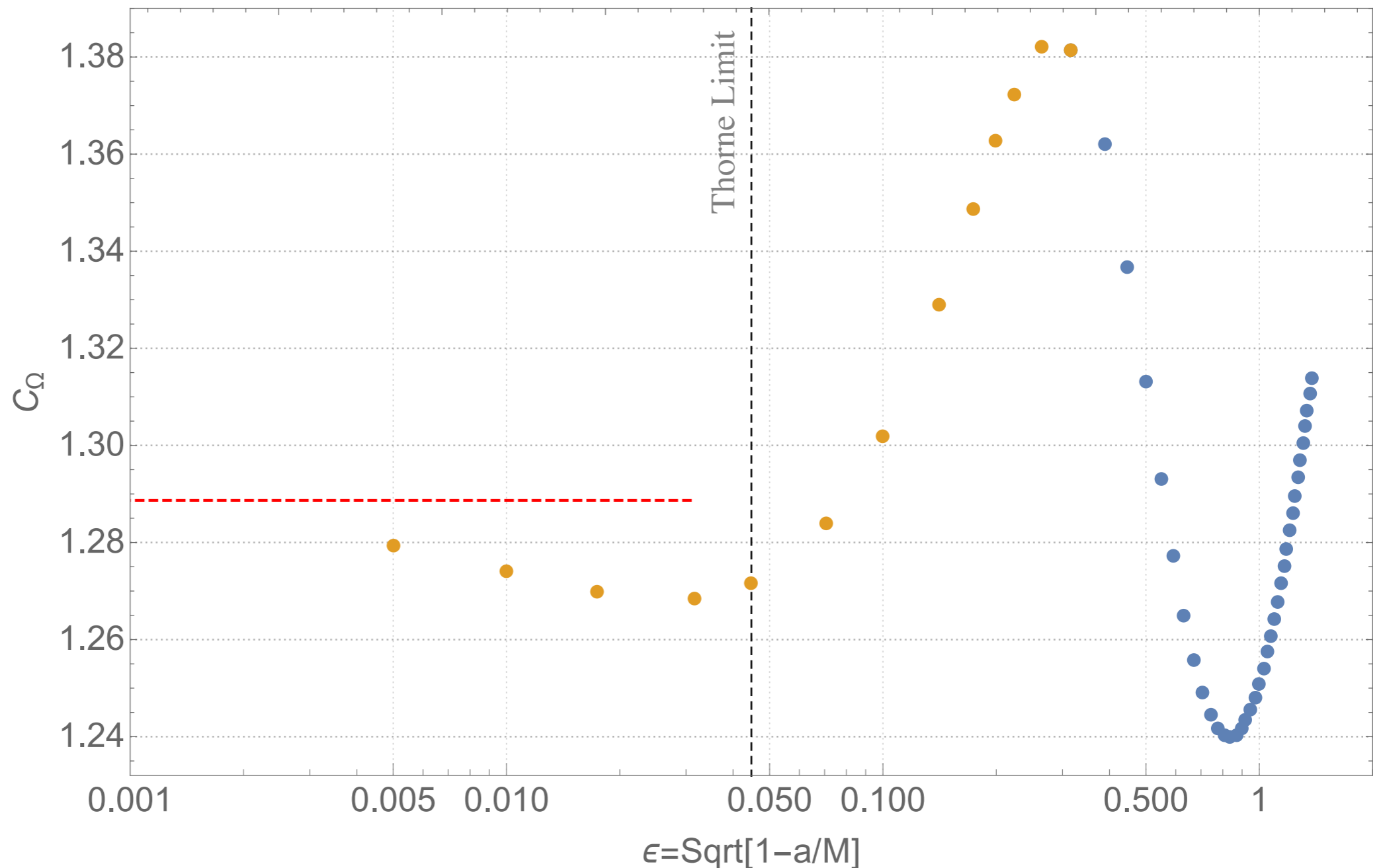
- It's also useful to compute coordinate-invariant quantities since:
 - (1) they're observables in GW astronomy
 - (2) they allow for comparison with Numerical Relativity and Post-Newtonian
- An interesting one is the **frequency of the innermost stable circular orbit (ISCO)**:



Correction to orbital frequency at ISCO of Kerr due to small mass:

$$(M + m)\Omega_{ISCO} = M\Omega_{ISCO}^{(0)} \left\{ 1 + C_{\Omega} \frac{m}{M} + O\left(\frac{m}{M}\right)^2 \right\}$$

↑ test particle ↑ correction



(Warburton,
Casals et al;
Cf. Meent'16)

- Calculation of the SF via GF yields physical insight from wave propagation and may be practical for **orbit evolution**
 - But GF method is not the standard one for calculating the SF. Other methods have given impressive results:
 - **Gravitational SF in Kerr** (Meent'18) and first results in **2nd order SF** (see Le Tiec's talk)
 - Correction to various **gauge-invariants** (rate of periastron advance, spin precession, redshift, etc) (Le Tiec, Dolan, etc)
 - **Orbit evolution**: self-consistent (solve for SF eq. and EOM simultaneously) in scalar case (Diener et al'11) and 'geodesic' SF (SF calculated for instantaneously tangent geodesic) in gravitational case (Warburton et al'12)
- etc

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Conclusions

Geometrical insight into SF - it arises from wave propagation in a curved s-t via:

- *wave scattering* (timelike paths)
- *orbiting null geodesics*

GF method is not the current mainstream method for calculating SF but may be suitable for evolution including SF

Objective for LISA sources: **evolution** of orbits in Kerr including SF (...to 2nd order!)

Merci bien!