

# 3+1 formalism in general relativity

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**2008 International Summer School on  
Computational Methods in Gravitation and Astrophysics**  
Asia Pacific Center for Theoretical Physics, Pohang, Korea  
28 July - 1 August 2008

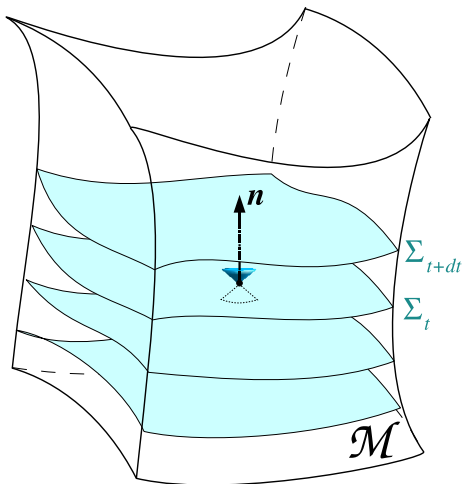
# Plan

- 1 The 3+1 foliation of spacetime
- 2 3+1 decomposition of Einstein equation
- 3 The Cauchy problem
- 4 Conformal decomposition

# Outline

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# Framework: globally hyperbolic spacetimes



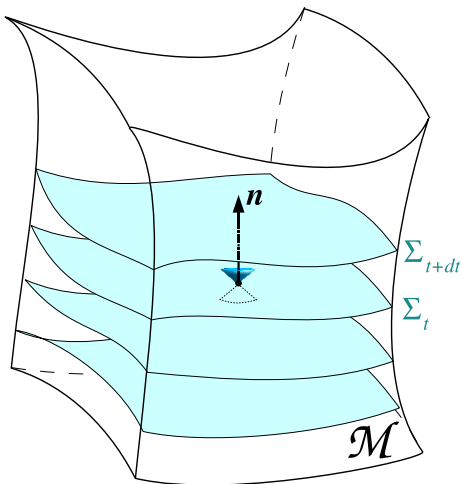
4-dimensional spacetime  $(\mathcal{M}, g)$  :

- $\mathcal{M}$  : 4-dimensional smooth manifold
- $g$ : Lorentzian metric on  $\mathcal{M}$ :  
 $\text{sign}(g) = (-, +, +, +)$

$(\mathcal{M}, g)$  is assumed to be **time**

**orientable**: the light cones of  $g$  can be divided continuously over  $\mathcal{M}$  in two sets (past and future)

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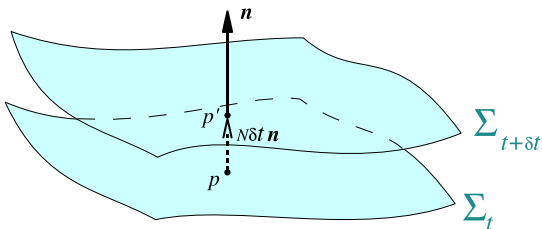
**orientable**: the light cones of  $g$  can be divided continuously over  $\mathcal{M}$  in two sets (past and future)

The spacetime  $(\mathcal{M}, g)$  is assumed to be **globally hyperbolic**:  $\exists$  a **foliation** (or **slicing**) of the spacetime manifold  $\mathcal{M}$  by a family of **spacelike hypersurfaces**  $\Sigma_t$  :

$$\mathcal{M} = \bigcup_{t \in \mathbb{R}} \Sigma_t$$

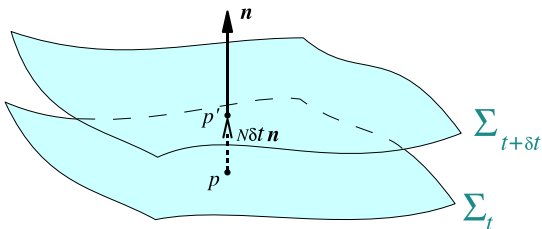
**hypersurface** = submanifold of  $\mathcal{M}$  of dimension 3

## Unit normal vector and lapse function



$\mathbf{n}$  : unit normal vector to  $\Sigma_t$   
 $\Sigma_t$  spacelike  $\iff \mathbf{n}$  timelike  
 $\mathbf{n} \cdot \mathbf{n} := g(\mathbf{n}, \mathbf{n}) = -1$   
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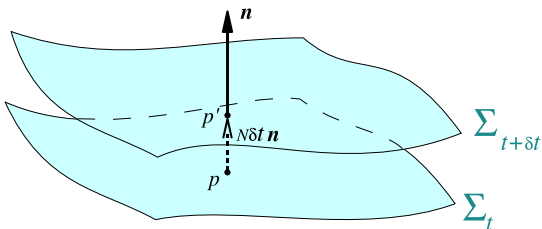
The 1-form  $\underline{\mathbf{n}}$  associated with  $\mathbf{n}$  is proportional to the gradient of  $t$ :

$$\underline{\mathbf{n}} = -N \mathbf{d}t \quad (n_\alpha = -N \nabla_\alpha t)$$

$N$ : lapse function ;  $N > 0$

Elapse proper time between  $p$  and  $p'$ :  $\delta\tau = N\delta t$

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Elapse proper time between  $p$  and  $p'$ :  $\delta\tau = N\delta t$

Normal evolution vector :  $\underline{m} := N \underline{n}$

$\langle dt, \underline{m} \rangle = 1 \Rightarrow m$  Lie drags the hypersurfaces  $\Sigma_t$



# Induced metric (first fundamental form)

The **induced metric** or **first fundamental form** on  $\Sigma_t$  is the bilinear form  $\gamma$  defined by

$$\forall (\mathbf{u}, \mathbf{v}) \in \mathcal{T}_p(\Sigma_t) \times \mathcal{T}_p(\Sigma_t), \quad \gamma(\mathbf{u}, \mathbf{v}) := g(\mathbf{u}, \mathbf{v})$$

$\Sigma_t$  spacelike  $\iff \gamma$  positive definite (Riemannian metric)

$D$  : Levi-Civita connection associated with  $\gamma$  :  $D\gamma = 0$

$\mathcal{R}$  : Riemann tensor of  $D$  :

$$\forall \mathbf{v} \in \mathcal{T}(\Sigma_t), \quad (D_i D_j - D_j D_i)v^k = \mathcal{R}^k{}_{lij} v^l$$

$R$  : Ricci tensor of  $D$  :  $R_{ij} := R^k{}_{ikj}$

$R$  : scalar curvature (or **Gaussian curvature**) of  $(\Sigma, \gamma)$  :  $R := \gamma^{ij} R_{ij}$

# Orthogonal projector

Since  $\gamma$  is not degenerate we have the orthogonal decomposition:

$$\mathcal{T}_p(\mathcal{M}) = \mathcal{T}_p(\Sigma_t) \oplus \text{Vect}(\mathbf{n})$$

The associated **orthogonal projector onto  $\Sigma_t$**  is

$$\begin{aligned} \vec{\gamma} : \mathcal{T}_p(\mathcal{M}) &\longrightarrow \mathcal{T}_p(\Sigma) \\ \mathbf{v} &\longmapsto \mathbf{v} + (\mathbf{n} \cdot \mathbf{v}) \mathbf{n} \end{aligned}$$

In particular,  $\vec{\gamma}(\mathbf{n}) = 0$  and  $\forall \mathbf{v} \in \mathcal{T}_p(\Sigma_t)$ ,  $\vec{\gamma}(\mathbf{v}) = \mathbf{v}$

Components:  $\gamma^\alpha_\beta = \delta^\alpha_\beta + n^\alpha n_\beta$

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“Extended” induced metric :

$$\forall (\mathbf{u}, \mathbf{v}) \in \mathcal{T}_p(\mathcal{M}) \times \mathcal{T}_p(\mathcal{M}), \quad \gamma(\mathbf{u}, \mathbf{v}) := \gamma(\vec{\gamma}(\mathbf{u}), \vec{\gamma}(\mathbf{v}))$$

$$\boxed{\gamma = g + \underline{\mathbf{n}} \otimes \underline{\mathbf{n}}} \quad (\gamma_{\alpha\beta} = g_{\alpha\beta} + n_\alpha n_\beta)$$

(hence the notation  $\vec{\gamma}$  for the orthogonal projector)

# Extrinsic curvature (second fundamental form)

The **extrinsic curvature** (or **second fundamental form**) of  $\Sigma_t$  is the bilinear form defined by

$$\begin{aligned} \mathbf{K} : \mathcal{T}_p(\Sigma_t) \times \mathcal{T}_p(\Sigma_t) &\longrightarrow \mathbb{R} \\ (\mathbf{u}, \mathbf{v}) &\longmapsto -\mathbf{u} \cdot \nabla_{\mathbf{v}} \mathbf{n} \end{aligned}$$

It measures the “bending” of  $\Sigma_t$  in  $(\mathcal{M}, \mathbf{g})$  by evaluating the change of direction of the normal vector  $\mathbf{n}$  as one moves on  $\Sigma_t$

**Weingarten property:**  $\mathbf{K}$  is symmetric:  $\mathbf{K}(\mathbf{u}, \mathbf{v}) = \mathbf{K}(\mathbf{v}, \mathbf{u})$

Trace:  $K := \text{tr}_{\gamma} \mathbf{K} = \gamma^{ij} K_{ij} =$  (3 times) the **mean curvature** of  $\Sigma_t$

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$$\implies \nabla \underline{\mathbf{n}} = -\mathbf{K} - D \ln N \otimes \underline{\mathbf{n}} \quad (\nabla_{\beta} n_{\alpha} = -K_{\alpha\beta} - D_{\alpha} \ln N n_{\beta})$$

$$K = -\nabla \cdot \mathbf{n}$$

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$\Sigma_t$  being part of a foliation, an alternative expression of  $\mathbf{K}$  is available:

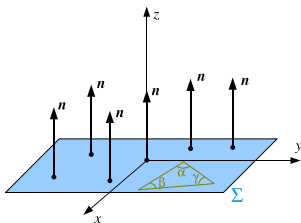
$$\mathbf{K} = -\frac{1}{2} \mathcal{L}_{\mathbf{n}} \gamma$$

# Intrinsic and extrinsic curvatures

Examples in the Euclidean space

- intrinsic curvature: Riemann tensor  $\mathcal{R}$
- extrinsic curvature: second fundamental form  $K$

plane



$$\mathcal{R} = 0$$

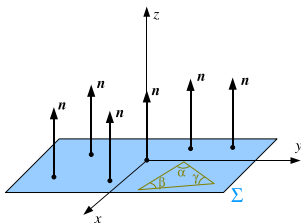
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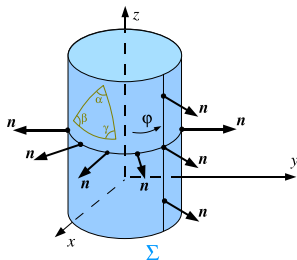
plane



$$\mathcal{R} = 0$$

$$K = 0$$

cylinder



$$\mathcal{R} = 0$$

$$K \neq 0$$

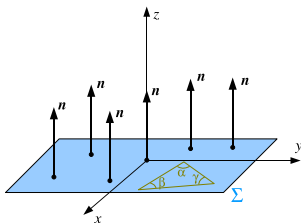


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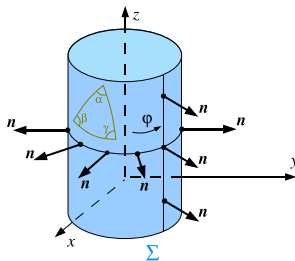
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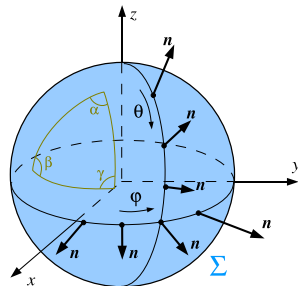
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sphere



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# Link between the $\nabla$ and $D$ connections

For any tensor field  $T$  tangent to  $\Sigma_t$ :

$$D_\rho T^{\alpha_1 \dots \alpha_p}_{\beta_1 \dots \beta_q} = \gamma^{\alpha_1}_{\mu_1} \dots \gamma^{\alpha_p}_{\mu_p} \gamma^{\nu_1}_{\beta_1} \dots \gamma^{\nu_q}_{\beta_q} \gamma^\sigma_\rho \nabla_\sigma T^{\mu_1 \dots \mu_p}_{\nu_1 \dots \nu_q}$$

For two vector fields  $u$  and  $v$  tangent to  $\Sigma_t$ ,  $D_u v = \nabla_u v + K(u, v)n$

# 3+1 decomposition of the Riemann tensor

- **Gauss equation:**  $\gamma^\mu_\alpha \gamma^\nu_\beta \gamma^\gamma_\rho \gamma^\sigma_\delta {}^4\mathcal{R}^\rho_{\sigma\mu\nu} = \mathcal{R}^\gamma_{\delta\alpha\beta} + K^\gamma_\alpha K_{\delta\beta} - K^\gamma_\beta K_{\alpha\delta}$

contracted version :

$$\gamma^\mu_\alpha \gamma^\nu_\beta {}^4R_{\mu\nu} + \gamma_{\alpha\mu} n^\nu \gamma^\rho_\beta n^\sigma {}^4\mathcal{R}^\mu_{\nu\rho\sigma} = R_{\alpha\beta} + K K_{\alpha\beta} - K_{\alpha\mu} K^\mu_\beta$$

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- **Codazzi equation:**  $\gamma^\gamma_\rho n^\sigma \gamma^\mu_\alpha \gamma^\nu_\beta {}^4\mathcal{R}^\rho_{\sigma\mu\nu} = D_\beta K^\gamma_\alpha - D_\alpha K^\gamma_\beta$

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- **Ricci equation:**  $\gamma_{\alpha\mu} n^\rho \gamma^\nu_\beta n^\sigma {}^4\mathcal{R}^\mu_{\rho\nu\sigma} = \frac{1}{N} \mathcal{L}_m K_{\alpha\beta} + \frac{1}{N} D_\alpha D_\beta N + K_{\alpha\mu} K^\mu_\beta$

combined with the contracted Gauss equation :

$$\gamma^\mu_\alpha \gamma^\nu_\beta {}^4R_{\mu\nu} = -\frac{1}{N} \mathcal{L}_m K_{\alpha\beta} - \frac{1}{N} D_\alpha D_\beta N + R_{\alpha\beta} + K K_{\alpha\beta} - 2 K_{\alpha\mu} K^\mu_\beta$$

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# Einstein equation

The spacetime  $(\mathcal{M}, g)$  obeys Einstein equation

$${}^4\mathbf{R} - \frac{1}{2}{}^4R g = 8\pi\mathbf{T}$$

where  $\mathbf{T}$  is the matter stress-energy tensor

# 3+1 decomposition of the stress-energy tensor

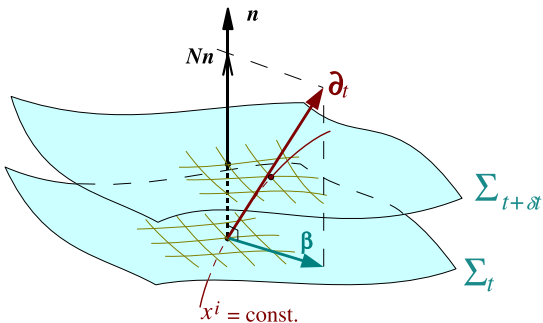
$\mathcal{E}$  : Eulerian observer = observer of 4-velocity  $\mathbf{n}$

- $E := T(\mathbf{n}, \mathbf{n})$  : **matter energy density** as measured by  $\mathcal{E}$
- $\mathbf{p} := -T(\mathbf{n}, \vec{\gamma}(\cdot))$  : **matter momentum density** as measured by  $\mathcal{E}$
- $\mathbf{S} := T(\vec{\gamma}(\cdot), \vec{\gamma}(\cdot))$  : **matter stress tensor** as measured by  $\mathcal{E}$

$$\mathbf{T} = \mathbf{S} + \underline{\mathbf{n}} \otimes \mathbf{p} + \mathbf{p} \otimes \underline{\mathbf{n}} + E \underline{\mathbf{n}} \otimes \underline{\mathbf{n}}$$



# Spatial coordinates and shift vector



$(x^i) = (x^1, x^2, x^3)$  coordinates on  $\Sigma_t$

$(x^i)$  vary smoothly between neighbouring hypersurfaces  $\Rightarrow$

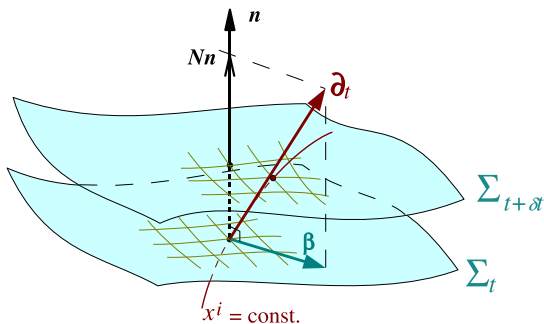
$(x^\alpha) = (t, x^1, x^2, x^3)$  well behaved coordinate system on  $\mathcal{M}$

Associated natural basis :

$$\partial_t := \frac{\partial}{\partial t}$$

$$\partial_i := \frac{\partial}{\partial x^i}, \quad i \in \{1, 2, 3\}$$

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$\langle \mathbf{dt}, \partial_t \rangle = 1 \Rightarrow \partial_t$  Lie-drags the hypersurfaces  $\Sigma_t$ , as  $\mathbf{m} := N\mathbf{n}$  does. The difference between  $\partial_t$  and  $\mathbf{m}$  is called the **shift vector** and is denoted  $\beta$ :

$$\partial_t =: \mathbf{m} + \beta$$

Notice:  $\beta$  is tangent to  $\Sigma_t$ :  $\mathbf{n} \cdot \beta = 0$

# Metric tensor in terms of lapse and shift

Components of  $\beta$  w.r.t.  $(x^i)$ :  $\beta =: \beta^i \partial_i$  and  $\underline{\beta} =: \beta_i dx^i$

Components of  $n$  w.r.t.  $(x^\alpha)$ :

$$n^\alpha = \left( \frac{1}{N}, -\frac{\beta^1}{N}, -\frac{\beta^2}{N}, -\frac{\beta^3}{N} \right) \text{ and } n_\alpha = (-N, 0, 0, 0)$$

Components of  $g$  w.r.t.  $(x^\alpha)$ :

$$g_{\alpha\beta} = \begin{pmatrix} g_{00} & g_{0j} \\ g_{i0} & g_{ij} \end{pmatrix} = \begin{pmatrix} -N^2 + \beta_k \beta^k & \beta_j \\ \beta_i & \gamma_{ij} \end{pmatrix}$$

or equivalently  $g_{\mu\nu} dx^\mu dx^\nu = -N^2 dt^2 + \gamma_{ij} (dx^i + \beta^i dt)(dx^j + \beta^j dt)$

Components of the inverse metric:

$$g^{\alpha\beta} = \begin{pmatrix} g^{00} & g^{0j} \\ g^{i0} & g^{ij} \end{pmatrix} = \begin{pmatrix} -\frac{1}{N^2} & \frac{\beta^j}{N^2} \\ \frac{\beta^i}{N^2} & \gamma^{ij} - \frac{\beta^i \beta^j}{N^2} \end{pmatrix}$$

Relation between the determinants :  $\sqrt{-g} = N \sqrt{\gamma}$

# 3+1 Einstein system

Thanks to the Gauss, Codazzi and Ricci equations ◀ reminder, the Einstein equation is equivalent to the system

- $\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \gamma_{ij} = -2NK_{ij}$       kinematical relation  $\mathbf{K} = -\frac{1}{2}\mathcal{L}_n \gamma$
- $\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) K_{ij} = -D_i D_j N + N \left\{ R_{ij} + K K_{ij} - 2K_{ik} K^k_j \right.$   
 $\left. + 4\pi [(S - E)\gamma_{ij} - 2S_{ij}] \right\}$       dynamical part of Einstein equation
- $R + K^2 - K_{ij} K^{ij} = 16\pi E$       Hamiltonian constraint
- $D_j K^j_i - D_i K = 8\pi p_i$       momentum constraint

# The full PDE system

Supplementary equations:

$$D_i D_j N = \frac{\partial^2 N}{\partial x^i \partial x^j} - \Gamma^k{}_{ij} \frac{\partial N}{\partial x^k}$$

$$D_j K^j{}_i = \frac{\partial K^j{}_i}{\partial x^j} + \Gamma^j{}_{jk} K^k{}_i - \Gamma^k{}_{ji} K^j{}_k$$

$$D_i K = \frac{\partial K}{\partial x^i}$$

$$\mathcal{L}_\beta \gamma_{ij} = \frac{\partial \beta_i}{\partial x^j} + \frac{\partial \beta_j}{\partial x^i} - 2\Gamma^k{}_{ij} \beta_k$$

$$\mathcal{L}_\beta K_{ij} = \beta^k \frac{\partial K_{ij}}{\partial x^k} + K_{kj} \frac{\partial \beta^k}{\partial x^i} + K_{ik} \frac{\partial \beta^k}{\partial x^j}$$

$$R_{ij} = \frac{\partial \Gamma^k{}_{ij}}{\partial x^k} - \frac{\partial \Gamma^k{}_{ik}}{\partial x^j} + \Gamma^k{}_{ij} \Gamma^l{}_{kl} - \Gamma^l{}_{ik} \Gamma^k{}_{lj}$$

$$R = \gamma^{ij} R_{ij}$$

$$\Gamma^k{}_{ij} = \frac{1}{2} \gamma^{kl} \left( \frac{\partial \gamma_{lj}}{\partial x^i} + \frac{\partial \gamma_{il}}{\partial x^j} - \frac{\partial \gamma_{ij}}{\partial x^l} \right)$$

# History of 3+1 formalism

- **G. Darmois (1927)**: 3+1 Einstein equations in terms of  $(\gamma_{ij}, K_{ij})$  with  $\alpha = 1$  and  $\beta = 0$  (Gaussian normal coordinates)
- **A. Lichnerowicz (1939)** :  $\alpha \neq 1$  and  $\beta = 0$  (normal coordinates)
- **Y. Choquet-Bruhat (1948)** :  $\alpha \neq 1$  and  $\beta \neq 0$  (general coordinates)
- **R. Arnowitt, S. Deser & C.W. Misner (1962)** : *Hamiltonian formulation* of GR based on a 3+1 decomposition in terms of  $(\gamma_{ij}, \pi^{ij})$   
*NB*: spatial projection of *Einstein tensor* instead of *Ricci tensor* in previous works
- **J. Wheeler (1964)** : coined the terms *lapse* and *shift*
- **J.W. York (1979)** : modern 3+1 decomposition based on spatial projection of *Ricci tensor*

# Outline

- 1 The 3+1 foliation of spacetime
- 2 3+1 decomposition of Einstein equation
- 3 The Cauchy problem**
- 4 Conformal decomposition

# GR as a 3-dimensional dynamical system

3+1 Einstein system  $\implies$  Einstein equation = time evolution of tensor fields  $(\gamma, \mathbf{K})$  on a single 3-dimensional manifold  $\Sigma$   
 (Wheeler's *geometrodynamics* (1964))

No time derivative of  $N$  nor  $\beta$ : lapse and shift are not dynamical variables  
 (best seen on the ADM Hamiltonian formulation)

This reflects the coordinate freedom of GR ◀ reminder :

choice of foliation  $(\Sigma_t)_{t \in \mathbb{R}}$   $\iff$  choice of lapse function  $N$   
 choice of spatial coordinates  $(x^i)$   $\iff$  choice of shift vector  $\beta$



# Constraints

The dynamical system has two **constraints**:

- $R + K^2 - K_{ij}K^{ij} = 16\pi E$       Hamiltonian constraint
- $D_j K^j_i - D_i K = 8\pi p_i$       momentum constraint

Similar to  $\mathbf{D} \cdot \mathbf{B} = 0$  and  $\mathbf{D} \cdot \mathbf{E} = \rho/\epsilon_0$  in Maxwell equations for the electromagnetic field

# Cauchy problem

The first two equations of the 3+1 Einstein system ◀ reminder can be put in the form of a **Cauchy problem**:

$$\frac{\partial^2 \gamma_{ij}}{\partial t^2} = F_{ij} \left( \gamma_{kl}, \frac{\partial \gamma_{kl}}{\partial x^m}, \frac{\partial \gamma_{kl}}{\partial t}, \frac{\partial^2 \gamma_{kl}}{\partial x^m \partial x^n} \right) \quad (1)$$

*Cauchy problem*: given initial data at  $t = 0$ :  $\gamma_{ij}$  and  $\frac{\partial \gamma_{ij}}{\partial t}$ , find a solution for  $t > 0$

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*Cauchy problem*: given initial data at  $t = 0$ :  $\gamma_{ij}$  and  $\frac{\partial \gamma_{ij}}{\partial t}$ , find a solution for  $t > 0$

But this Cauchy problem is subject to the constraints

- $R + K^2 - K_{ij}K^{ij} = 16\pi E$       Hamiltonian constraint
- $D_j K^j_i - D_i K = 8\pi p_i$       momentum constraint

## Preservation of the constraints

Thanks to the Bianchi identities, it can be shown that if the constraints are satisfied at  $t = 0$ , they are preserved by the evolution system (1)

# Existence and uniqueness of solutions

## Question:

Given a set  $(\Sigma_0, \gamma, \mathbf{K}, E, \mathbf{p})$ , where  $\Sigma_0$  is a three-dimensional manifold,  $\gamma$  a Riemannian metric on  $\Sigma_0$ ,  $\mathbf{K}$  a symmetric bilinear form field on  $\Sigma_0$ ,  $E$  a scalar field on  $\Sigma_0$  and  $\mathbf{p}$  a 1-form field on  $\Sigma_0$ , which obeys the constraint equations, does there exist a spacetime  $(\mathcal{M}, g, T)$  such that  $(g, T)$  fulfills the Einstein equation and  $\Sigma_0$  can be embedded as an hypersurface of  $\mathcal{M}$  with induced metric  $\gamma$  and extrinsic curvature  $\mathbf{K}$  ?

## Answer:

- the solution exists and is unique in a vicinity of  $\Sigma_0$  for **analytic** initial data (Cauchy-Kovalevskaya theorem) (Darmon 1927, Lichnerowicz 1939)
- the solution exists and is unique in a vicinity of  $\Sigma_0$  for **generic** (i.e. smooth) initial data (Choquet-Bruhat 1952)
- there exists a unique maximal solution (Choquet-Bruhat & Geroch 1969)

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# Conformal metric

Introduce on  $\Sigma_t$  a metric  $\tilde{\gamma}$  conformally related to the induced metric  $\gamma$ :

$$\gamma_{ij} = \Psi^4 \tilde{\gamma}_{ij}$$

$\Psi$  : **conformal factor**

Inverse metric:

$$\gamma^{ij} = \Psi^{-4} \tilde{\gamma}^{ij}$$

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Motivations:

- the gravitational field degrees of freedom are carried by conformal equivalence classes (York 1971)

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Motivations:

- the gravitational field degrees of freedom are carried by conformal equivalence classes (York 1971)
- the conformal decomposition is of great help for preparing initial data as solution of the constraint equations



# Conformal connection

$\tilde{\gamma}$  Riemannian metric on  $\Sigma_t$ : it has a unique Levi-Civita connection associated to it:  $\tilde{D}\tilde{\gamma} = 0$

Christoffel symbols:  $\tilde{\Gamma}^k_{ij} = \frac{1}{2}\tilde{\gamma}^{kl} \left( \frac{\partial\tilde{\gamma}_{lj}}{\partial x^i} + \frac{\partial\tilde{\gamma}_{il}}{\partial x^j} - \frac{\partial\tilde{\gamma}_{ij}}{\partial x^l} \right)$

Relation between the two connections:

$$D_k T^{i_1 \dots i_p}_{j_1 \dots j_q} = \tilde{D}_k T^{i_1 \dots i_p}_{j_1 \dots j_q} + \sum_{r=1}^p C^{i_r}_{kl} T^{i_1 \dots l \dots i_p}_{j_1 \dots j_q} - \sum_{r=1}^q C^l_{kj_r} T^{i_1 \dots i_p}_{j_1 \dots l \dots j_q}$$

with  $C^k_{ij} := \Gamma^k_{ij} - \tilde{\Gamma}^k_{ij}$

One finds

$$C^k_{ij} = 2 \left( \delta^k_i \tilde{D}_j \ln \Psi + \delta^k_j \tilde{D}_i \ln \Psi - \tilde{D}^k \ln \Psi \tilde{\gamma}_{ij} \right)$$

Application: divergence relation :  $D_i v^i = \Psi^{-6} \tilde{D}_i (\Psi^6 v^i)$

# Conformal decomposition of the Ricci tensor

From the Ricci identity:

$$R_{ij} = \tilde{R}_{ij} + \tilde{D}_k C^k_{ij} - \tilde{D}_i C^k_{kj} + C^k_{ij} C^l_{lk} - C^k_{il} C^l_{kj}$$

In the present case this formula reduces to

$$R_{ij} = \tilde{R}_{ij} - 2\tilde{D}_i \tilde{D}_j \ln \Psi - 2\tilde{D}_k \tilde{D}^k \ln \Psi \tilde{\gamma}_{ij} + 4\tilde{D}_i \ln \Psi \tilde{D}_j \ln \Psi - 4\tilde{D}_k \ln \Psi \tilde{D}^k \ln \Psi \tilde{\gamma}_{ij}$$

Scalar curvature :

$$R = \Psi^{-4} \tilde{R} - 8\Psi^{-5} \tilde{D}_i \tilde{D}^i \Psi$$

where  $R := \gamma^{ij} R_{ij}$  and  $\tilde{R} := \tilde{\gamma}^{ij} \tilde{R}_{ij}$

# Conformal decomposition of the extrinsic curvature

- First step: traceless decomposition:

$$K^{ij} =: A^{ij} + \frac{1}{3}K\gamma^{ij}$$

with  $\gamma_{ij}A^{ij} = 0$

- Second step: conformal decomposition of the traceless part:

$$A^{ij} = \Psi^\alpha \tilde{A}^{ij}$$

with  $\alpha$  to be determined

# “Time evolution” scaling $\alpha = -4$

Time evolution of the 3-metric ◀ reminder:  $\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \gamma^{ij} = 2NK^{ij}$

- trace part :  $\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \ln \Psi = \frac{1}{6} \left(\tilde{D}_i \beta^i - NK - \frac{\partial}{\partial t} \ln \tilde{\gamma}\right)$
- traceless part :  $\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \tilde{\gamma}^{ij} = 2N\Psi^4 A^{ij} + \frac{2}{3} \tilde{D}_k \beta^k \tilde{\gamma}^{ij}$

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This suggests to introduce

$$\tilde{A}^{ij} := \Psi^4 A^{ij} \quad (\text{Nakamura 1994})$$

$\Rightarrow$  momentum constraint becomes

$$\tilde{D}_j \tilde{A}^{ij} + 6\tilde{A}^{ij} \tilde{D}_j \ln \Psi - \frac{2}{3} \tilde{D}^i K = 8\pi \Psi^4 p^i$$

# “Momentum-constraint” scaling $\alpha = -10$

Momentum constraint:  $D_j K^{ij} - D^i K = 8\pi p^i$

Now  $D_j K^{ij} = D_j A^{ij} + \frac{1}{3} D^i K$  and

$$\begin{aligned}
 D_j A^{ij} &= \tilde{D}_j A^{ij} + C^i_{jk} A^{kj} + C^j_{jk} A^{ik} \\
 &= \tilde{D}_j A^{ij} + 2(\delta^i_j \tilde{D}_k \ln \Psi + \delta^i_k \tilde{D}_j \ln \Psi - \tilde{D}^i \ln \Psi \tilde{\gamma}_{jk}) A^{kj} + 6\tilde{D}_k \ln \Psi A^{ik} \\
 &= \tilde{D}_j A^{ij} + 10A^{ij} \tilde{D}_j \ln \Psi - 2\tilde{D}^i \ln \Psi \underbrace{\tilde{\gamma}_{jk} A^{jk}}_{=0}
 \end{aligned}$$

Hence  $D_j A^{ij} = \Psi^{-10} \tilde{D}_j (\Psi^{10} A^{ij})$

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Hence  $D_j A^{ij} = \Psi^{-10} \tilde{D}_j (\Psi^{10} A^{ij})$

This suggests to introduce

$$\hat{A}^{ij} := \Psi^{10} A^{ij}$$

(Lichnerowicz 1944)

$\implies$  momentum constraint becomes

$$\tilde{D}_j \hat{A}^{ij} - \frac{2}{3} \Psi^6 \tilde{D}^i K = 8\pi \Psi^{10} p^i$$

# Hamiltonian constraint as the Lichnerowicz equation

Hamiltonian constraint:  $R + K^2 - K_{ij}K^{ij} = 16\pi E$

Now ◀ reminder  $R = \Psi^{-4}\tilde{R} - 8\Psi^{-5}\tilde{D}_i\tilde{D}^i\Psi$  and  $K_{ij}K^{ij} = \Psi^{-12}\hat{A}_{ij}\hat{A}^{ij} + \frac{K^2}{3}$

so that

$$\tilde{D}_i\tilde{D}^i\Psi - \frac{1}{8}\tilde{R}\Psi + \frac{1}{8}\hat{A}_{ij}\hat{A}^{ij}\Psi^{-7} + \left(2\pi E - \frac{1}{12}K^2\right)\Psi^5 = 0$$

This is **Lichnerowicz equation** (or **Lichnerowicz-York equation**).



# Summary: conformal 3+1 Einstein system

Version  $\alpha = -4$  (Shibata & Nakamura 1995):

$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \Psi = \frac{\Psi}{6} \left(\tilde{D}_i \beta^i - NK - \frac{\partial}{\partial t} \ln \tilde{\gamma}\right)$$

$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \tilde{\gamma}^{ij} = 2N\tilde{A}^{ij} + \frac{2}{3}\tilde{D}_k \beta^k \tilde{\gamma}^{ij}$$

$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) K = -\Psi^{-4} (\tilde{D}_i \tilde{D}^i N + 2\tilde{D}_i \ln \Psi \tilde{D}^i N)$$

$$+ N \left[ 4\pi(E + S) + \tilde{A}_{ij} \tilde{A}^{ij} + \frac{K^2}{3} \right]$$

$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \tilde{A}^{ij} = \Psi^{-4} [N (\tilde{R}^{ij} - 2\tilde{D}^i \tilde{D}^j \ln \Psi) - \tilde{D}^i \tilde{D}^j N] + \dots$$

$$\left\{ \begin{array}{l} \tilde{D}_i \tilde{D}^i \Psi - \frac{1}{8} \tilde{R} \Psi + \left( \frac{1}{8} \tilde{A}_{ij} \tilde{A}^{ij} - \frac{1}{12} K^2 + 2\pi E \right) \Psi^5 = 0 \\ \tilde{D}_j \tilde{A}^{ij} + 6\tilde{A}^{ij} \tilde{D}_j \ln \Psi - \frac{2}{3} \tilde{D}^i K = 8\pi \Psi^4 p^i \end{array} \right.$$

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$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \tilde{\gamma}^{ij} = 2N \tilde{A}^{ij} + \frac{2}{3} \tilde{D}_k \beta^k \tilde{\gamma}^{ij}$$

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$$\left(\frac{\partial}{\partial t} - \mathcal{L}_\beta\right) \tilde{A}^{ij} = \Psi^{-4} \left[ N \left( \tilde{R}^{ij} - 2\tilde{D}^i \tilde{D}^j \ln \Psi \right) - \tilde{D}^i \tilde{D}^j N \right] + \dots$$

$$\begin{cases} \tilde{D}_i \tilde{D}^i \Psi - \frac{1}{8} \tilde{R} \Psi + \frac{1}{8} \hat{A}_{ij} \hat{A}^{ij} \Psi^{-7} + \left( 2\pi E - \frac{1}{12} K^2 \right) \Psi^5 = 0 \\ \tilde{D}_j \hat{A}^{ij} - \frac{2}{3} \Psi^6 \tilde{D}^i K = 8\pi \Psi^{10} p^i \end{cases}$$